

PAGET NEWS

12TH MAY 2021



#Team Paget
#Stronger Together

Concerned About A Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: *Miss Nussey, Mrs. Thomas, Miss Spiers, Miss Green, Mrs. Ali-Gobern, Mrs. Ewbank or Mr. Merriman.*

Child Line

Children if you need to talk to anyone please ring or email www.childline.co.uk

No problem



How to Contact Us...

Email:
enquiry@paget.bham.sch.uk

Telephone:
0121 464 3902 or
07493838732

Twitter: @PagetPrimary



HEAD TEACHER'S WELCOME

I hope that you are all well and you enjoyed a shorter school week last week. I hope that you managed to access the online learning on Election Day and that the children enjoyed their online sessions with teachers.

As we look forward to some more Covid restrictions being lifted from 17th May, I am hopeful that certain restrictions in school can be lifted so that we can start to carry out more of our usual activities that we all look forward to in the summer term, such as Sports Week. I have not yet received updated guidance from the Department for Education (DFE), but as soon as I do, I will update you all.

Earlier in the year, the DfE have said that there will be no formal tests and examinations again this year. This was as a result of the COVID-19 restrictions that have meant partial school closures and lockdowns during the course of this and last academic years. This means that the Year 6 SATs tests that were scheduled for this week will not go ahead as they would have done normally. Teachers will still be making teacher assessments for their pupils between now and the end of the term for use within school and to do this we will be using a combination of standardised tests and assessments of the children's' school work.

There is a similar situation with KS1 SATs tests, the Year 1 phonics test and the Year 4 multiplication tables test. We will still be providing parents with the usual information on your child's achievement via the school report that you will receive towards the end of the summer term.

Finally, I would like to say Eid Mubarak to all of our families that will be celebrating Eid later this week.

Take care and stay safe everyone

Vicky Nussey

#GET PAGET READING



The recommended reads for this newsletter are all non-fiction books. Not everyone enjoys fiction, so if finding out new knowledge and facts are your thing, then these books could be for you.

Recommended Reads:

The chosen books for this week's newsletter are

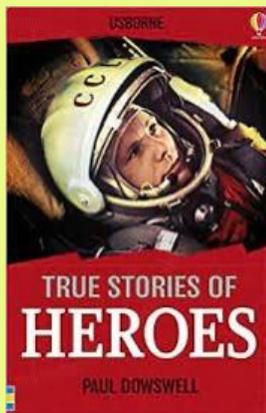
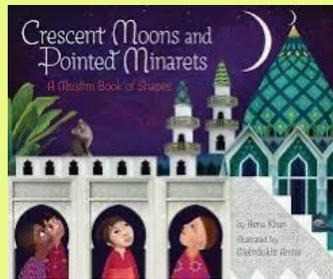
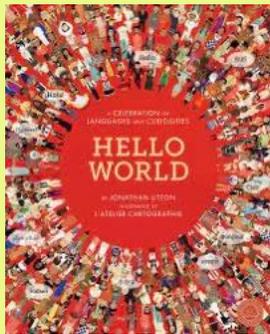
Nur & Rec: Hello World by Jonathan Litton & L'Atelier Cartographik

Y1-2: Crescent Moons and Pointed Minarets by Hena Khan

Y3-4: Space Kids by Steve Parker

Y5-6: True Stories of Heroes by Paul Dowswell

Let Miss Nussey know your thoughts about the books if you read them and don't forget to put them on Twitter with #getpagetreading



Information and Reminders

School Dinners

Please remember if you wish your child to change from sandwiches to school meals or vice versa we need one weeks' notice for the kitchen.

RECEPTION PLACES SEPTEMBER 2021

If your child is due to start in Reception in September 2021 and you have not received notification from Birmingham City Council about a school place please speak to the school office and they can help you through the late application process. This applies to all children, even if there is an older child already in school.

Nursery September 2021

We still have a few spaces left in our Nursery for September 2021. If your child was born between 1/9/17 and 31/8/18 we can offer them a part time place, all day Monday and Tuesday and until 11.30 on a Wednesday. Please contact the school office for an admission form if you would like a place.

Safe Parking

Please, if parking on the roads close to school at the start and end of the day, make sure that you are not blocking the path of other vehicles. Parking on corners does not help with this. Some days if we needed to get an ambulance through this would not be possible. What if it was your child the ambulance was for?

READING AT HOME

We would like to encourage all children to read at home regularly. Please, even if only for 5 minutes each night, read with your child and sign the home reading record.

Evidence suggests that children who read for enjoyment every day not only perform better in reading tests than those who don't, but also develop a broader vocabulary, increased general knowledge and a better understanding of other cultures.

In fact, reading for pleasure is more likely to determine whether a child does well at school than their social or economic background.

SPOTLIGHT ON VALUES: DETERMINATION

Determination is a positive emotional feeling that involves persevering towards a difficult goal in spite of obstacles. Determination occurs prior to goal attainment and serves to motivate behaviour that will help achieve one's goal.

Determination is never giving up, no matter what! A determined person decides to do something, and then does it!

When we talk about teaching children hard work and determination, we're talking about building their self-confidence and self-image to pursue their dreams, achieve the goals they set out to achieve, and to have the chance to continue to stay the course, even when something is difficult. Teaching children hard work and determination takes offering them chances to try new things, encouraging them through their hard work, helping them 'troubleshoot' when they hit a bump in the road and offering specific and effort oriented praise instead of only results-oriented praise.

Raising children sometimes feels like it's all about the little milestones: first steps, first words, or first days at school. That's why it is important to remember to encourage not only the outcomes but also the hard work and determination that lead up to them.

Hard work and determination are important values to teach children and have a lifelong impact on their future capabilities, confidence, and happiness. Teaching our little ones to persevere when things get tough and to work hard to achieve their goals and aspirations is one of the most important skills our children can learn.



Dates for Your Diary

Friday 28th May – Last day of term

Monday 7th June – Term begins

Tuesday 20th July – Children break up for the summer

Wednesday 21st July – Teacher training day – school
closed to children



Big Moments
of summer fun!

ALL STARS
CRICKET

For all 5 – 8 year-old boys and girls
Give your little star a summer of big moments, making new friends, learning new skills and creating new memories.
Every participant receives their very own personalised kit bag including bat, ball, cap and t-shirt!

Sign up today at
allstarscricket.co.uk or at the centre



DYNAMOS
CRICKET

This is our game.

Calling all 8-11 year-olds!
Sign up today at
dynamoscriccket.co.uk

ALL THINGS COVID

Public Health Update:

Local Support

Services available to help people cope with the impacts of the coronavirus outbreak:

The Active Wellbeing Society: **0121 728 7030**
Birmingham Council Support hub: **0121 303 1116**
NHS Responders: via APP or call **0808 196 3646**

Befriending services:

Age UK: **0121 437 0033**
BID Services for the deaf & blind: **07702 532824** or befriending@bid.org.uk
The Active Wellbeing Society: **0121 728 7030**

How to report COVID non-compliance: https://www.birmingham.gov.uk/info/50231/coronavirus_covid-19/2258/report_a_concern_about_a_business_covid-19_non-compliance





Looking after our children's wellbeing at Paget...

-Newsletter 10-

Hi there,

Yet another two weeks have gone by and we are now starting to see some lovely weather. Last week it was 'Sun Awareness Week', the children have been taught the importance to 'wrap, splat and hat'. The children should keep themselves safe in the sun by 'Wrapping around sunglasses and some clothes onto their body, splatting on sun cream and putting on a hat!' Please make sure your children have a cap/hat in school as the weather gets warmer.

This week, 10th -16th May, it is 'Mental Health Awareness week'. The focus is on the five ways to Wellbeing with the theme of nature. Although, we celebrated children's mental health week back in February, these tips can be used for both yourselves and children.

The five ways are:

Connect Connection is about relating to one and other and feeling understood. Speak to the people in your life, be it friends, family, colleagues or neighbours. Build new connections to expand your circles - this could be at work, school or in your local community. Think of these as the cornerstones of your life and invest time in developing them.

Take notice Take stock of your surroundings, be curious, catch sight of the beautiful. Being in a state of 'mindfulness' has been shown to be associated with a positive mental state. Greater awareness of the world around us helps us see the unusual and notice simple pleasures like the changing seasons. Savour the moment, whether you're walking to work, eating lunch or talking to friends. Be present to your feelings and environment.

Keep learning, learning something new is good for your brain and often exciting for the learner. Trying something different, rediscovering an old interest or signing up for that course you've always wanted to do can also improve our confidence and widen our skillset. Take on a new responsibility at work, do some arts and crafts or pick up an untried recipe.

Give - Giving encapsulates many things - from showing goodwill and generosity of spirit to giving presents and giving up our time. Evidence suggests that 'giving back' or helping others promotes wellbeing for all ages. Why not do something nice for a friend, or a stranger. Thank someone.

Not everyone needs to be a fitness fanatic to boost your wellness through activity. Simply step outside, exercise your green fingers or organise a games night. You could go for a walk or run, cycle or dance.



-Spotlight -Quality screen time? -



What a debate?! Screen time can be good but be aware of the sites your children are accessing.



Children regularly use different websites and apps from their parents, and it can be hard to keep up in this ever-changing digital world. But the things that help keep children safe online are often similar to

the things that keep them safe offline. Talk about what they think is normal online and what behaviour to expect from others and from themselves. Encourage them to think critically and question what they see online. Talk to them about where they go to get information they trust, talk about fake news, fake followers and scams. Help them develop a healthy suspicion of whether people are who they say they are.

Share your knowledge and experience of relationships. For example, sometimes people seem nice at first and then they turn out to be mean. Let them know that you know this, they can talk to you about it. And that you won't panic or punish them if they do. **Show them how to report any worrying behaviour they see online - Encourage your child to tell an adult at home or at school.**

We are helping prepare our children for their futures if we help them go online safely and responsibly. Many people worry about amounts of screen time, but there can be lots of positives about what your child is doing online - entertainment, keeping in touch with friends and researching homework - so quality screen time is what's important! Social media platforms let people connect and communicate with friends, family, colleagues. Popular platforms with children and young people include Snapchat, Instagram, Facebook, WhatsApp, Twitter and TikTok. Social media platforms receive a lot of positive and negative coverage in the news. Some show stories about them bringing friends and family together or that channels are used to harm and target young and vulnerable people. Each platform is used for different things, either sharing images/videos, instant messaging, giving life updates or playing online games.

It is important that young people know how to behave responsibly on these platforms, what to do if they are being harassed and where they can report harmful content. As a parent, you need to be aware how the apps work and the content your child is looking at!

MAKE SURE YOU ACTIVATE PARENTAL CONTROL OR ASK YOUR CHILD TO SHARE WHAT THEY ARE WATCHING OR PLAYING. FOR EXAMPLE ON TIK TOK YOU CAN LOOK FOR THE FAMILY SAFETY MODE SO YOU CAN SEE WHAT YOUR CHILD IS SEEING ON THE 'FOR YOU' PAGE. THE PAGE WHERE CHILDREN SEE DIFFERENT VIDEOS WITH DIFFERENT CONTENT.

Please take a look at the websites below for further information on keeping your child safe online.

[Parents' Ultimate Guide to TikTok | Common Sense Media](#)

[9 ways the internet can be good for your children | Parent Info](#)

[Online Gaming | The Benefits - Internet Matters](#)

-A reminder of places to go to for support and advice -



This website from the NHS offers expert advice and practical tips to help you look after your child's mental health and wellbeing as well as the rest of the family.

<https://www.nhs.uk/oneyou/every-mindmatters/> NSPCC ●

The NSPCC are offering support and advice if you feel your child is struggling with their mental health and anxiety due to the coronavirus. More information and advice can be found on their website: <https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-childrenfamilies-parents>

YOUNGMINDS

Young Minds - <https://youngminds.org.uk/>

The BBC Newsround site has a comprehensive section on coronavirus with text and video guidance focusing on tips if a child is worried, how to wash your hands, and what self-isolation means: <https://www.bbc.co.uk/newsround/51204456>



-Final note-

Should you feel that you or your child requires any additional support, your child's class teacher should be your first contact point. If this is not possible, please feel free to contact the school Pastoral team, Miss Spiers or Miss Green, or our Paget Mental Health and Wellbeing lead, Mrs. Ewbank for support. We are always here to listen.

Please share any of ideas you have of your children looking after their mental health on our twitter @pagetprimary and use the hashtag #pagetwellbeing

Stay safe in both body and mind,

Mrs. Ewbank
SEMH and Wellbeing Lead

CREATED
BY RUGBY LEAGUE
WORLD CUP
ENGLAND-2021

FUNDED BY COVENTRY
BEARS & RLWC2021



GRIFFINS

RUGBY LEAGUE

TRAIN & PLAY FOR FREE

BOYS & GIRLS U9'S, U11'S, U12'S AND U14'S.
REGISTER : [COVENTRYBEARS.COM/JUNIORS](https://coventrybears.com/juniors)



WEDNESDAYS FROM MAY 5TH FOR 13 WEEKS
| 4PM-5PM | ERDINGTON RFC, SPRING LANE
PLAYING FIELDS, KINGSBURY RD, B249NF