

# PAGET NEWS

26<sup>TH</sup> MAY 2021



**#Team Paget**  
**#Stronger Together**

## Concerned About A Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: *Miss Nussey, Mrs. Thomas, Miss Spiers, Miss Green, Mrs. Ali-Gobern, Mrs. Ewbank or Mr. Merriman.*

## Child Line

Children if you need to talk to anyone please ring or email [www.childline.co.uk](http://www.childline.co.uk)

**No problem**



## How to Contact Us...

Email:  
[enquiry@paget.bham.sch.uk](mailto:enquiry@paget.bham.sch.uk)

Telephone:  
0121 464 3902 or  
07493838732

Twitter: @PagetPrimary



# HEAD TEACHER'S WELCOME

I hope that you are all keeping well and enjoying life now that some of the Covid restrictions have been lifted. Whilst restrictions are being lifted in various aspects of our life it is important that we do not become complacent with regards to Coronavirus and that we continue to do all we can to reduce transmission. To this end, please continue to follow the current requirements of social distancing and face coverings. Whilst the Government have announced some changes from May 17th, we have not yet received any further guidance from the DfE and until we do, we will continue to implement what we have been asked to do, both by the Government and by BCC. Please continue to wear face coverings for the school pick up and drop off and avoid congregating in larger groups outside the premises. My continued thanks to those of you who are fully respectful and support the school to implement these measures.

I would like to remind parents/carers that if there are issues that arise in school with children falling out that these should not be dealt with by individual parents speaking to other children. I have done this job for a very long time and in all the cases where parents get involved instead of leaving it for school to solve it never ends well. So, please, please, please if there are any issues speak to a member of staff and leave it to us. If you are not satisfied with how your concern has been dealt with then please do not hesitate to contact a more senior member of staff.

This term we have seen an increase in the number of incidents happening outside of school hours, both at the park and online, that are being brought into school for school staff to fix. Whilst we will always do all we can to support the families of Paget, there does come a point where parents must take responsibility for their own child's behaviour and supervision. Outside of school hours, your children are your responsibility not that of my staff. Please ensure that the value of respect is always demonstrated by all of Team Paget. There is enough hatred and angst in the world currently beyond the realms of Paget that we do not need to add to it within our own community.

Have a good break over half term and I look forward to seeing you all on Monday 7<sup>th</sup> June.

Take care and stay safe everyone

Vicky Nussey

# #GET PAGET READING



The recommended reads for this newsletter are all suggested favourite reads from Paget children, thank you to 2S and 6B for your suggestions.

## Recommended Reads:

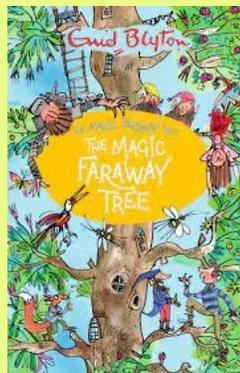
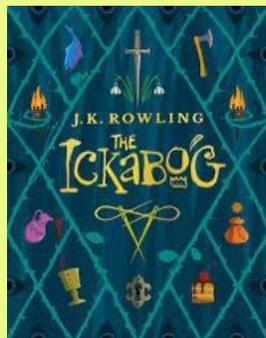
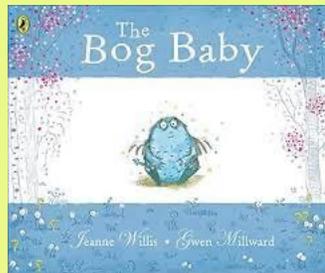
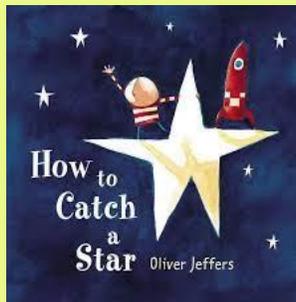
**Nur & Rec:** How to Catch a Star by Oliver Jeffers

**Y1-2:** Bog Baby by Jeanne Willis

**Y3-4:** The Ickabog by J.K. Rowling

**Y5-6:** The Magic Faraway Tree by Enid Blyton (yes Y6 really said this!)

Let Miss Nussey know your thoughts about the books if you read them and don't forget to put them on Twitter with #getpagetreading



# Information and Reminders

## Marvellous Me App

If you are not signed up to Marvellous Me, you may be missing out on hearing positive news about your child. If you are not signed up and need help with this, please speak to the school office or any member of school staff.



## YEAR 6 TRANSITION DAY

On 7<sup>th</sup> July, all Year Six pupils will spend the day at their secondary school. Please note this date is subject to change or cancellation dependent upon Covid guidance and restrictions.

## DOGS IN THE PLAYGROUND

A polite reminder that dogs should not be brought onto the school playground. We also ask that those parents who bring dogs to school ensure they are not blocking the path for other parents and children. Many thanks for your co-operation and understanding.

## Wedding Bells

During the half term holiday, Miss Cheng will be getting married. We wish her all the very best for her wedding day and for a long and happy future.



## Free School Meal Vouchers

Birmingham City Council have confirmed that they will be providing free school meal vouchers for the half term holiday. Mrs Ramsay will be in touch with parents with regards to how to access these.

# SPOTLIGHT ON VALUES: Respect

**Definition of Respect:** When we act in a way that shows we care about others.

**What does respect look like?**

**People show respect by:**

- Showing kindness to everyone
- Listening to other people's ideas and views calmly and fairly
- Saying what other people have done well
- Speaking to each other nicely and in a positive way
- Talking, working, and playing with everyone fairly and don't let differences get in the way
- Looking after their environment and their property
- Treating others like they themselves would like to be treated

**People who show respect realise:**

- That everyone has an opinion that is worth listening to
- That we are all different
- That we should show everyone respect
- We should respect ourselves

**Ways to help at home:**

- Discuss what it means to be respectful and to be respected.
- Discuss everyday events.
- Use the language of respect at home.
- Model respect to others to your children



## SPORTS WEEK (Hopefully)

Dear parents/carers

We are excited to announce that Paget are hopefully having their Sports Days on a variety of dates. Please see the timetable below for your child's time and day. **All Sports Days will be at Hollyfields sports ground.** There will be an area set out for you to sit, watch and cheer on the children. Hollyfields will provide refreshments at a cost, whilst our sports events take place. Please can I ask that we support such refreshments and do not bring any refreshments from home. Hollyfields are providing venue at NO charge and this would give them a little something back on our behalf to say thank you! We ask, that you stay in this area so that we can ensure the safety of all the children; we hope to see you there!

We have been doing lots of preparation, learning new skills, expressing our sporting values and building an appropriate competitive excitement! On your child's sports day, we ask that the children come to school in their PE kit. Please note, this will only run in this way if Covid guidelines and restrictions allow and maybe subject to change at short notice.

The children are very excited and we hope you are too! Thank you for your ongoing support and as always please come and ask if you have any questions.

Year Group	Date	Time
Nursery	23 <sup>rd</sup> June 2021	9.30 - 11.00
Reception	18 <sup>th</sup> June 2021	9.30 - 11.00
Year 1	24 <sup>th</sup> June 2021	9.30 - 11.00
Year 2	21 <sup>st</sup> June 2021	1.30 - 3.00
Year 3	21 <sup>st</sup> June 2021	9.30 - 11.00
Year 4	22 <sup>nd</sup> June 2021	9.30 - 11.00
Year 5	23 <sup>rd</sup> June 2021	1.30 - 3.00
Year 6	22 <sup>nd</sup> June 2021	1.30 - 3.00
Panthers	18 <sup>th</sup> June 2021	11.15 - 12.15

# Dates for Your Diary

Friday 28<sup>th</sup> May – Last day of term

Monday 7<sup>th</sup> June – Term begins

18<sup>th</sup>-24<sup>th</sup> June – Sports Day sessions (hopefully)

Wednesday 7<sup>th</sup> July – Provisional Y6 secondary transition  
day

Wednesday 14<sup>th</sup> July – Parent Celebration afternoon (from  
2p.m)

Tuesday 20<sup>th</sup> July – Children break up for the summer

Wednesday 21<sup>st</sup> July – Teacher training day – school  
closed to children



## *Calling all parents and carers!*

*At Paget we are passionate about providing all children with opportunities that excite imagination, fire curiosity, raise aspirations and widen horizons.*

*We also value and aim to build stronger links with all our parents and the wider community.*

*If you have spare time and skills that could be shared with our children, we would love to hear from you.*



# ALL THINGS COVID

## NHS - Symptoms of coronavirus

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

### Main symptoms:

The main symptoms of coronavirus are:

- a high temperature
- a new, continuous cough (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

### What to do if you or your child has symptoms:

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. You and anyone you live with should stay at home and not have visitors until you get your test result – only leave your home to have a test.
3. Do NOT attend school but call us to let us know

Anyone in your support bubble should also stay at home if you have been in close contact with them since your symptoms started or during the 48 hours before they started.

If anyone in your household (people who live with you) is having a test or awaiting test results then your children should not attend school.

Get a test to check if you have coronavirus on [GOV.UK](https://www.gov.uk)





## *Looking after our children's wellbeing at Paget... children's wellbeing at Paget...*

### *-Newsletter 11 -*

Hi there,

Hopefully the weather will pick up for our Whitsun holiday break. I thought I would take the opportunity to share some more ideas to help your child's wellbeing during the holidays.

### *- Continuing the theme of connecting with nature during half term -*

Being curious yourself can inspire your child or young person to question and take notice of their surroundings. If you go out for a walk together or even if you are just looking out your window, comment on the nature you see. Ask your child or young person questions and encourage them to ask you questions too! It is important to show you can engage with nature from your window or even just on a trip to the local shop.

Put technology on hold and get outside It can be difficult to switch off from our phones and other technology, but it's important for us all to have time away from our screens. Try to disconnect from your own devices at points during the day, especially when you are exploring your local area or nature spots, and encourage your child or young person to do the same.

Give your child or young person the space and encouragement to explore their ideas and interests. It's important for them to find out what they enjoy and how they like to connect with nature. If that means getting a little muddy or wet playing outside, then try to encourage that, even if it means an extra load of washing!

Connect with others Nature can be enjoyed with others. Encourage your child or young person to think about activities they could plan with others like going for a walk with a friend, playing football, having a picnic outside or joining a community gardening group. Teach your child or young person to look after the nature around them, and think about ways they can protect it, both closer to home and on a wider scale. Even something as simple as growing herbs at home, will help your child or young person to connect their actions to positive effects, such as watering plants helps them grow. Activities focused on looking after the natural environment can help your child or young person build a connection with nature and give them a sense of purpose and responsibility.

Nurture nature Slow down and be mindful Sometimes we forget to slow down and appreciate the nature around us. We can miss the wonders that nature offers by simply not paying attention or giving ourselves the time to look. Mindfulness is the skill of paying attention to what's happening in your mind and body right now, without judgement. It can help focus our attention on the nature around us, and enjoy being in that moment. Mindfulness is a skill that needs to be practiced. Try and encourage your child or young person to practice being in the moment and use all of their senses to engage with the natural world around them.

## - A reminder of places to go to for support and advice online and local resources -



This website from the NHS offers expert advice and practical tips to help you look after your child's mental health and wellbeing as well as the rest of the family.

<https://www.nhs.uk/oneyou/every-mindmatters/>



The NSPCC are offering support and advice if you feel your child is struggling with their mental health and anxiety due to the coronavirus. More information and advice can be found on their website: <https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-childrenfamilies-parents>



Young Minds - <https://youngminds.org.uk/>

The BBC Newsround site has a comprehensive section on coronavirus with text and video guidance focusing on tips if a child is worried, how to wash your hands, and what self-isolation means: <https://www.bbc.co.uk/newsround/51204456>



**It's okay...**  
... not to feel okay. If you're worried, anxious, or just a little down, you can talk to us.

Call our helpline, open 24/7:  
0121 252 355

Talk to us online via Live Chat (10am-9pm):  
[birminghammind.org](http://birminghammind.org)

Email us anytime on:  
[help@birminghammind.org](mailto:help@birminghammind.org)

**Get in touch today**

- We're here to help you -

**NHS Living Well Birmingham**

### Pause.



Need someone to talk to?  
Struggling to cope with feelings?  
We're here for you.

We are operating a telephone-based service while Pause in Digbeth is closed. Register for support via our website: [www.forwardthinkingbirmingham.org.uk/services/13-pause](http://www.forwardthinkingbirmingham.org.uk/services/13-pause)

Or call 0207 841 4470 and we will arrange for one of our friendly staff to call you back.

#### Who can use us?

- You can use us if you have a Birmingham GP and are:
- Under 25 years old (if you are under 14 you will need to have a parent / caregiver with you when we call to give consent).
  - Or if you are a parent / caregiver looking for support for their child who is under 25 years old.

#### How can we help?

- We can offer:
- Self-help strategies, skills for managing difficult situations and feelings.
  - A non-judgemental listening ear.
  - Details for other organisations that might also be able to help you.
  - Each call lasts around 20-30 minutes which focuses on ways forward.

**Our Opening Hours:**  
Monday to Friday: 10am-6pm, Saturdays: 10am-5pm.  
We are closed on Sundays and Bank Holidays.



### **Wellbeing referral**

Should you feel that you or your child requires any additional support, your child's class teacher should be your first contact point. If this is not possible please feel free to contact the school Pastoral team, Miss Spiers or Miss Green, or our Paget Mental Health and Wellbeing lead, Mrs Ewbank for support. We are always here to listen. There will be things we can do to further and support you.

Please share any of ideas you have of your children looking after their mental health on our twitter @pagetprimary and use the hashtag #pagetwellbeing

Stay safe in both body and mind

Mrs. Ewbank  
SEMH and Wellbeing Lead