

PAGET NEWS

8TH SEPTEMBER 2021



#Team Paget
#Stronger Together

Concerned About A Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: *Miss Nussey, Mrs. Thomas, Miss Spiers, Mrs. Ali-Gobern, Mrs. Ewbank or Mr. Merriman.*

Child Line

Children if you need to talk to anyone please ring or email www.childline.co.uk

No problem



How to Contact Us...

Email:
enquiry@paget.bham.sch.uk

Telephone:
0121 464 3902 or
07493838732

Twitter: @PagetPrimary



HEAD TEACHER'S WELCOME

Welcome back everyone, I hope that you all had a restful summer and managed to spend some quality time with family and friends doing many of the things that we have all been missing over the last 18 months due to Coronavirus restrictions.

I would also like to welcome all of the children and families that are joining Paget for the first time this September, in Nursery or Reception. This warm welcome also extends to those parents and children who are new to us in older year groups. Welcome to Team Paget! I hope that your time with us will be everything you wanted it to be and more. Should you have any queries or concerns then please do not hesitate to arrange a time to speak with your child's class teacher. First thing in a morning, they will not always be available as they are required in class to teach the children. There will be staff members available on both gates in the morning should your concern or query be urgent.

From the middle of August, the DFE guidance linked to the operational management of schools has changed. Following this advice, we will no longer be operating a bubble system, face coverings will no longer be required when coming on site, Breakfast Club and After School Club (childcare) will re-open and staff and children will no longer have to isolate for 10 days if they are identified as a contact of someone who has tested positive. However, some measures will remain such as regular handwashing, keeping occupied spaces well ventilated and following appropriate cleaning regimes. We will also continue to work with and follow Public Health advice should there be an outbreak of Coronavirus either at Paget or more widely in Erdington or Birmingham. In the event of classes being sent home remote education and Free School Meals provision will continue as before.

As we know from the past 18 months guidance can and does change, and often very quickly so I will, as always, keep you up to date with any changes that may happen in the future as soon as I am able.

I am really looking forward to (hopefully) having a 'normal' school year in 2021/22. One where we can provide our children and families with the usual array of opportunities that Paget provides such as school trips including my own particular favourite of the Year Two and Year Six residentials, extra-curricular clubs, sporting competitions, assemblies and celebrations together to name just a few. I am particularly looking forward to inviting parents back to events again such as Sports Day and Christmas productions. This is something we have all dearly missed.

Over the course of this half term, I will be sending out a survey to parents about the school newsletter, please look out for this as your views are very important to me.

Over the summer our school website has undergone a bit of a re-vamp. We are in the process of updating the content, but it has a new more modern look. Have a look and let me know your thoughts.

I have now received the letter from the last Ofsted monitoring visit that took place last term, this will be available on the Ofsted website and the school website. I am pleased to say that they agree that we are moving in the right direction towards getting Good at the next full inspection.

Finally, congratulations to Mrs Eley, and Miss Norton who, over the summer both gave birth to beautiful little girls. I am sure you will all join me in them all the very best for the future.

Take care and stay safe everyone

Vicky Nussey

#GET PAGET READING



As it is the start of a new academic year, the recommended reads for this newsletter are all based around the theme of school.

Recommended Reads:

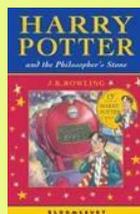
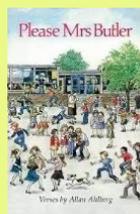
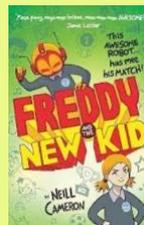
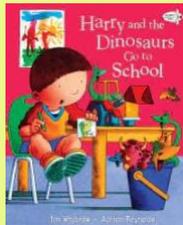
Nur & Rec: Harry and the Dinosaurs go to School by Ian Whybrow & Adrian Reynolds

Y1-2: Freddy and the New Kid by Neil Cameron

Y3-4: Please Mrs Butler by Janet & Allan Ahlberg

Y5-6: Harry Potter and the Philosopher's Stone by J.K. Rowling

Let Miss Nussey know your thoughts about the books if you read them and don't forget to put them on Twitter with #getpagetreading



Please could we remind parents to read with their child at home at least three times per week, although daily would be even better.

Please remember to bring book bags and reading books in to school each day.

Information and Reminders

NEW START AND FINISH TIMES

Now that we are more back to normal the school gates will open from 8.45 a.m. and children can come into school from this time until 9.00 a.m. Children arriving after 9 will be marked as late.

Children in Nursery, reception, Years One and Two finish at 3.10 p.m. and children in Years Three, Four, Five and Six finish at 3.20p.m.

SCHOOL LAPTOPS

Thank you to those families who returned their school laptop before the summer holiday. If you have not, please can you do so by 20.9.21 as we need to complete some essential work on them.

PASTORAL SUPPORT FOR CHILDREN AND FAMILIES

At times, we all need a bit of help and support or a shoulder to cry on. Should you need support of any kind please do not hesitate to get in touch. At Paget we have a Pastoral Manager, Miss Spiers who is in school five days a week. We also have Mr. Phil Merriman, our Family Support Worker, who is available on site every Tuesday. Miss Spiers and Mrs. Ewbank are also trained mental Health First Aiders. Please feel free to speak to either of them or indeed any member of staff you feel comfortable with.

P.E. KIT

A reminder that all children should wear correct kit for P.E. This is a white T-shirt and black shorts, black leggings, or black tracksuit bottoms. Children can wear this to school on the days they have P.E. They do not have to bring in clothes to change in to.

Thank you for your co-operation in this matter.

WATER BOTTLES

Children are encouraged to bring in their own water bottles to school to help keep them hydrated but please ensure that the bottles only contain water. Many thanks for your co-operation.

BREAKFAST CLUB AND AFTER SCHOOL CLUB

Finally, we are able to re-open our Breakfast club. It runs from 8.00 a.m. If you require a place, please ask for a registration form from the school office. All places do need to be booked in advance we cannot accept walk ins as we need to ensure correct staffing levels. After School club will run from September and the provider will be High Achievers, again, application forms can be collected from the main school office.

LABELLED BELONGINGS

Please could you ensure that you have labelled your child's clothes. Parents often, understandably, get frustrated when items get lost, but it makes it more difficult for us to return lost items when they are not labelled.

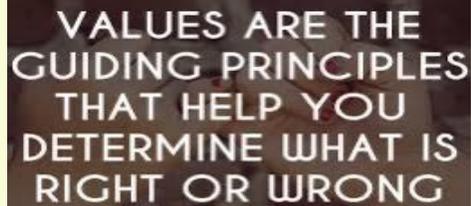
SPOTLIGHT ON VALUES:

At Paget we pride ourselves on our approach to values-based education. To support our mission statement of Team Paget: Stronger Together and our motto 'to be the best that we can be', we teach and regularly encourage our children, staff, and families to embody our seven core values.

Our Core values are:

- Respect
- Determination
- Passion
- Teamwork
- Honesty
- Responsibility
- Self-Belief

In each newsletter there will be a focus on each of the different values throughout the year.



VALUES ARE THE
GUIDING PRINCIPLES
THAT HELP YOU
DETERMINE WHAT IS
RIGHT OR WRONG

ONLINE SAFETY

The internet is essential in 21st century life for education, business, and social interaction. As children move up through the school their access to various types of technology increases and it stands to reason that their exploration and curiosity increases too. The positives of the digital world outweigh the negatives, but children, schools and parents all need to be aware of various online risks.

As a parent it is often difficult to stay one step ahead of our children when it comes to technology, apps, and social media. Below are some websites that parents may find useful:

www.thinkuknow.co.uk

www.internetmatters.org

www.parentinfo.org

www.childnet.com

www.ceop.police.uk

School Attendance - a very important message for all parents/carers

September 2021

6/9/21

Dear Parent/Carer,

This is an important update about school attendance for the 2021/22 academic year.

Paget Primary School is working in partnership with parents and Birmingham City Council to ensure all children return to school following a difficult previous year. We would like to thank parents for the work you have done in ensuring your children received education during that time.

It is now vital for all children to return to school to minimise, as far as possible, the longer-term impact of the pandemic on their education, wellbeing, and wider development. We also know that when not in school, children missed being with their friends and the wider social aspects of school.

Missing out on more time in the classroom risks pupils falling further behind. Those with higher overall absence tend to achieve less well in both primary and secondary school. **Therefore, the government has confirmed that school attendance continues to be compulsory.**

This means that (unless parents are formally notified of new lockdown arrangements where schools are closed or a child is required to self-isolate), the usual rules on school attendance apply, including:

- parents' duty to send their child/children to school regularly where they are of compulsory school age.
- schools' responsibilities to record attendance and follow up absence
- the option for local authorities to again consider the use of legal sanctions, including penalty notices and prosecution in court.

If you are worried about your child/children attending school the first port of call is to discuss your concerns with the school directly. The school has specialist staff who may be able to help, and all schools work closely with health and council teams who may also be able to help if needed.

Please note that, given the disruption to children's education caused by the pandemic, requests for leave during term time are unlikely to be authorised by the Head Teacher.

Family emergencies also need careful consideration. It is not always appropriate or in the best interests of the child to miss school for emergencies which are being dealt with by adult family members.

No school or local authority wants to take legal action. Every attempt to resolve parents' concerns and improve a child's attendance will be made before any formal legal action, which may include a penalty notice or court action, is instigated.

However, where all efforts fail and parents fail to ensure their child attends school regularly, legal action may be considered.

After so much disruption to children's education over the past year, the most important thing is that the school and parents work together to get children back into school. The school is ready to listen so please contact them if you have any worries, and they will try to help you. There is also information for parents and carers on attending school during the pandemic here:

<https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak>

Additionally, Birmingham City Council provides online information and guidance to parents on school attendance which you can access here:

https://www.birmingham.gov.uk/info/20014/schools_and_learning/1502/school_attendance_advice_for_parents

We wish you and your child/children all the best for the new academic year.

Kind regards

Education Legal Intervention Team

Birmingham City Council

&

Victoria Nussey

Head teacher



Looking after our children's wellbeing at Paget...

-Newsletter 1 September 2021-

Hi there,

- Welcome Back! -

Welcome to the first 'Wellbeing and Mental Health' newsletter of the new year! It has been so lovely to see the children back to school and settling into their new classes and with their new teachers. Returning to school can cause your child to be anxious and worry. It is really important to look after a child's mental health at home and at school. We have enjoyed lessons this week that focus on mindfulness, social and emotional issues, being creative and getting active, as well as ice breaker activities so the children get to know each other and their teachers. These lessons will continue into next week, so the children have as many opportunities to share how they are feeling and any worries that they have.

-What is Mental Health? -

We all have mental health. Mental health is about our feelings, our thinking, our emotions, and our moods. Looking after our mental health is important. We all have small feelings every day; these can sometimes feel strong and overwhelming, whether happy or sad, but they go away before too long. Sometimes we experience big feelings; these feel strong and overwhelming for a long time. They stop us doing what we want to in our lives.



-Tips for talking to your child about their Mental Health-

The tips below are really useful for the beginning of the new school year.

1. Make conversations about mental health a normal part of life: Anywhere is a good place to talk; in the car, walking the dog or cooking together. Model everyday talk about feelings such as by talking about a TV character's feelings.
2. Give your full attention: We all know it's horrible to be half listened to. Keep eye contact, focus on the child, and ignore distractions.
3. Check your body language: Try to keep it open and relaxed and make sure you come down to the child's level.
4. Take it seriously: Don't downplay what the child is saying or tell them they're "just being silly". Resist the urge to reassure them that everything is fine.

5. Ask open questions: Such as "How did your day go today?" This will help to extend the conversation.
6. Calmly stay with the feelings that arise: It can be our automatic reaction to steer away from difficult emotions.
7. Offer empathy rather than solutions: Show that you accept what they are telling you but don't try to solve the problem.
8. Remember we are all different: Respect and value the child's feelings, even though they may be different to yours.
9. Look for clues about feelings: Listen to the child's words, tone of voice and body language.
10. Some ways to start a conversation about feelings might be: "How are you feeling at the moment?" "You don't seem your usual self. Do you want to talk about it?" "Do you fancy a chat?" "I'm happy to listen if you need a chat."



-A reminder of places to go to for support and advice online and local resources for summer support-



This website from the NHS offers expert advice and practical tips to help you look after your child's mental health and wellbeing as well as the rest of the family.

<https://www.nhs.uk/oneyou/every-mindmatters/>



The NSPCC are offering support and advice if you feel your child is struggling with their mental health and anxiety due to the coronavirus. More information and advice can be found on their website: <https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-childrenfamilies-parents>



Young Minds - <https://youngminds.org.uk/>

[This is a fantastic site to help your child as they start the new school year.](#)

The BBC Newsround site has a comprehensive section on coronavirus with text and video guidance focusing on tips if a child is worried, how to wash your hands, and what self-isolation means: <https://www.bbc.co.uk/newsround/51204456>



It's okay...

... not to feel okay. If you're worried, anxious, or just a little down, you can talk to us.

Call our helpline, open 24/7: 0121 262 955

Talk to us online via Live Chat (10am-9pm): birminghammind.org

Email us anytime on: help@birminghammind.org

Get in touch today

- We're here to help you -

NHS LivingWell 

Pause. 

Need someone to talk to? Struggling to cope with feelings? We're here for you.

We are operating a telephone-based service while Pause in Digbeth is closed. Register for support via our website: www.forwardthinkingbirmingham.org.uk/services/13-pause

Or call **0207 841 4470** and we will arrange for one of our friendly staff to call you back.

Who can use us?
You can use us if you have a Birmingham GP and are:

- Under 25 years old (if you are under 14 you will need to have a parent / caregiver with you when we call to give consent).
- Or if you are a parent / caregiver looking for support for their child who is under 25 years old.

How can we help?
We can offer:

- Self-help strategies, skills for managing difficult situations and feelings.
- A non-judgemental listening ear.
- Details for other organisations that might also be able to help you.
- Each call lasts around 20-30 minutes which focuses on ways forward.

Our Opening Hours:
Monday to Friday: 10am-6pm, Saturdays: 10am-5pm.
We are closed on Sundays and Bank Holidays.





Wellbeing referral

Should you feel that you or your child requires any additional support, your child's class teacher should be your first contact point. If this is not possible, please feel free to contact our Paget Mental Health and Wellbeing lead, Mrs. Ewbank for support or our school Pastoral Manager, Miss Spiers. We are always here to listen. There will be things we can do to further support you.

Please share any ideas you have of your children looking after their mental health on our twitter @pagetprimary and use the hashtag #pagetwellbeing

Stay safe in both body and mind

Mrs Ewbank
SEMh and Wellbeing Lead

Dates for Your Diary

Thursday 2nd and Friday 3rd September – School closed to children –
Teacher Training Days

Monday 6th September – Years 1-6 Children return to school
(Nursery & Reception see individual letters)

Friday 24th September – Macmillan Coffee Morning

Tuesday 19th October – Parents Evening

Thursday 21st October – children break up for half term

Friday 22nd October – Teacher Training Day – school closed to
children

Monday 1st November – Term begins – children return to school

Friday 17th December – Break up for Christmas

Tuesday 4th January – Teacher Day – school closed to children

Wednesday 5th January – Children return to school

Friday 18th February – Break Up for half term

Monday 28th February – Term begins

Friday 8th April – Break up for Easter

Monday 25th April – Term begins

Friday 27th May – Break up for half term

Monday 6th June – Term begins

Thursday 21st July – Children break up for the summer

Friday 22nd July – Teacher Day -school closed to children

This section will be regularly updated once new dates are known and confirmed.

ALL THINGS COVID

Coronavirus guidance has changed since the 16th of August, below are some key points for you to note.

What do I do if my child has Coronavirus symptoms?

Should your child develop symptoms of Coronavirus they should not attend school. Please contact school on either 0121 464 3902 or 07493838732 and let us know that this is the case so that we can record their absence accordingly. Parents should then arrange for a PCR test for their child. If the test is negative your child can, if well enough, return to school.

What if someone else in my household tests positive or my child is a contact of someone who has tested positive?

Guidance on this has now changed, as long as your child is not showing symptoms they no longer have to isolate. However, the government recommends that you should arrange a PCR test following notification of being a contact.

Do I have to isolate if I am a contact of someone who has tested positive?

Identified contacts no longer have to isolate provided they:

- Are fully vaccinated
- Are below 18 years and 6 months of age
- Have taken part in or are taking part in an approved vaccine trial
- Are unable to be vaccinated due to approved medical conditions

Does school identify contacts?

Schools are no longer required to carry out contact tracing. We will support these services if required.

Please note the above is subject to change in the event of government guidance changing. We will update you with information you need to know as soon as possible.