

PAGET NEWS

18TH MARCH 2022



#Team Paget
#Stronger Together

Concerned About A Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: *Miss Nussey, Mrs. Thomas, Miss Spiers, Mrs. Ali-Gobern, Mrs. Ewbank or Mr. Merriman.*

Child Line

Children if you need to talk to anyone please ring or email www.childline.co.uk

How to Contact Us...



Email:

enquiry@paget.bham.sch.uk



Telephone:

0121 464 3902 or 07493838732



Twitter: @PagetPrimary

No problem



HEAD TEACHER'S WELCOME

It has been great this week seeing so many of you face to face at parents evening, I have missed that contact with parents over the last two years. I hope that you all found parents evening useful and informative. If you were unable to attend for any reason, it's not too late – please see your child's class teacher and they will happily arrange a mutually convenient time to meet you. Your child's progress and achievement at school is vitally important in enhancing their life chances when older. When schools and parents work together well in the best interests of the children this is when achievement and progress is at its best. Remember we are partnership – in this together for your children #Team Paget!

This week Mrs. Ewbank, Miss Spiers and four children represented Paget at this year's Health for Life Awards, I would like to say thank you and well done to everyone that was involved in achieving this award and huge praise to the four children that attended, they were fantastic ambassadors for the school.

In the coming weeks we look forward to Sports-hall Athletics finals and the Year Two residential visit to Woodlands – both events I cannot wait for. Look out in future newsletters and Twitter for the results of the final and for the year Two children's views about the residential.

Take care and stay safe
Vicky Nussey

LEARNERS OF THE WEEK

RECEPTION: Rubina, Hendrix, Sophia & Ryan

YEAR ONE: Tyler C, Max, Caide & Rochelle

YEAR TWO: Cairo, Layton, William & Sunny

YEAR THREE: Daniel, Ioanna, Filip & Nayimah

YEAR FOUR: Bailey, Elysia, K'Mari & Sai-Ji-Anna

YEAR FIVE: Brendan, Tayah, Cameron & Azaan

YEAR SIX: Scarlett, Taejaun, Daria & Lexie

PANTHERS: Mohammed & Anelin

HOUSEPOINTS

THIS WEEK'S TOTALS:

Unfortunately, House Captains have not managed to collect house points this week as they have been busy delivering lunchtime Red Nose Day Activities to all the different year groups.

Look out next week for double points.

BEST ATTENDANCE

Class 3FN with 99.2%

Focus on Reading: Reading for Pleasure



Dear parents and carers,

It has been great being able to see you visiting the library after school. It would be even better if more of you would be able to take up this opportunity and share some quality reading time with your child/children in a different environment.

The sessions will continue to run every Monday after school (3.20-4pm). We will open to each year group on the following dates:

Year 3 -21/3

Year 4- 28/3

Year 4- 4/4

Year 5- 9/5

Year 5 -16/5

Year 6- 23/5

Year 6-30-5

The aim is for you to know what our library is like and how children access and borrow books. It is also a wonderful opportunity for parents and carers to read stories with their children in a different setting.

If you are unable to attend or have any questions about the library, please do not hesitate to contact either myself or Mrs. Moseley.

Thank you for your continued support and we look forward to welcoming you back into school.

Mrs. Connaughton (Library lead)

Information and Reminders

APPOINTMENTS OUTSIDE OF SCHOOL HOURS

A polite reminder that as far as possible appointments should be made outside of school hours. If this is not possible and you have to take your child out of school for any reason, including a medical, dental, school visit appointment, please could you inform the school prior to the appointment along with any supporting evidence of the appointment. This is so that we can authorise the absence where we can, and your child is not marked as unauthorised in our register.

SUPPORT TO TALK TO YOUR CHILDREN ABOUT UKRAINE

The recent news has been dominated with awful stories and images of the recent Russian invasion of Ukraine. This is probably something that many of your children are asking questions about. The DfE have published the following about talking to children about this.

It is worth a read and may help you discuss the situation and answer your children's questions. Help for teachers and families to talk to pupils about Russia's invasion of Ukraine and how to help them avoid misinformation.

NEW
EASTER DISCO
Thursday 7th April

£2 a ticket via parent pay

Prizes to be won

Ks1
3:10pm - 4pm

Ks2
4:15pm - 5pm



Glitter tattoos and Facepainting now available via Parent pay or on the day with cash.

PIC-COLLAGE

KESSP COMMONWEALTH DAY

On Tuesday a group of children from years 3-4 and 5-6 took part in hockey and dodgeball competitions at the KESSP Commonwealth Day. Paget came away with gold medals in all events winning another Perry mascot for the school. Well done and huge congratulations to all that took part we are very proud of you!



SPOTLIGHT ON BRITISH VALUES:

British Values: Individual Liberty

Individual liberty: the right to make our own choices and the freedom to speak out as we choose, is perhaps the most fundamental and currently pertinent British Value. Many of us take these rights for granted and know no different. Sadly, current events around the world have demonstrated that this is not the same for every nation and its people, and that it truly is a value to be celebrated and promoted.

At Paget, as within the rest of society, individual liberty is not to be seen as the right to do whatever you want, but as the freedom to do the things we want to as long as we don't hurt anyone else or fail to follow the 'rule of law'.

At Paget this means following our school rules as well as general societal laws, all of which help to keep us **all** safe, happy, and healthy: freedom doesn't mean that we are free to do whatever we want, it means that we are free to do what's right.

At various points during daily life at Paget pupils are free make their own choices. For example: their choice of lunch; how to spend their Paget pounds; which book to choose from the library; which after school club to join (or not); and what equipment to play with at lunchtime. Furthermore, although like all mainstream schools we have a statutory curriculum to follow, teachers make sure that pupils still have the freedom of choice within this; whether it be choosing their own reading book, a partner to work with or how to present their work.

In terms of freedom of speech, although 'shouting out' is not always appropriate, all members of staff work hard to ensure that all individuals are given the opportunity to share their ideas, thoughts, beliefs, feelings, as well as 'their side of the story' when necessary. And perhaps just as importantly, all pupils are encouraged to listen respectfully and reflect upon what they have heard, sometimes prompting a change of attitude or behaviour, enabling children to 'be the best that they can be'.

SPOTLIGHT ON CURRICULUM: ART

“Art is a place for children to learn to trust their ideas, themselves and to explore what is possible”- Maryann F. Kohl

As part of Art in Paget Primary School, we aim to ensure the children are given opportunities to explore their ideas by experimenting and creating their own works of art using a range of materials and media. They will learn how to draw, paint, sculpt and explore other art, craft, and design techniques. They have the opportunities to explore the work of a variety of artists and craftspeople from around the world and to discuss their opinion of the work.

So far, we have completed a variety of different aspects of art in topics such as sculpture and mixed media in year 2, formal elements of art in year 4 and make my voice heard in year 6. All classes have had the opportunity to develop their current art and design skills whilst introducing new skills as they create.



Year two exploring mixed media



Panther's self portraits



Nursery printing with paint



Year 6 clay sculptures

Great websites to explore at home:

- <https://www.tate.org.uk/kids/make>
- <https://www.place2be.org.uk/our-services/parents-and-carers/coronavirus-wellbeing-activity-ideas-for-families/activities-from-the-art-room/>
- Draw with Rob- YouTube

Mrs Twells – Art and DT Leader

SPOTLIGHT ON SAFEGUARDING: MENTAL HEALTH & WELL BEING



Looking after our children's wellbeing at Paget...

-Newsletter 8 March 2022-

Hi there,

-We welcome workshops-

This week and last week have seen Paget have a visit from 'Cherished' a local charity who support the mental health and wellbeing of children. Years 5 and 6 experienced a session with Cherished where they focused on the theme of 'Growing together'. This was a fun session with games and the chance taken to discuss the topic of growing.

The children at Paget have well and truly celebrated the importance of looking after their mental health as well as their physical health over the past few weeks.

Some of our Reception children enjoyed their 'Kindness' session also ran by 'Cherished'. It was so snuggly and relaxing, and the children listened to a story so they could understand the importance of being kind.

-Good news - Health for life award -

On Monday this week, I had the privilege of taking four children along with Miss Spiers to collect our 'Health for Life' plaque. It was such a lovely morning at the Botanical Gardens to meet other schools and their pupils and colleagues from the Council and the project. The pupils we took were a credit to the school and enjoyed looking around the gardens, finding new plants and looking at the small animals there.

The Health for Life project focuses on 4 areas which are growing food, cooking, healthy-eating and physical activity. We had a great response from the children regarding the project and look forward to continuing with the growing and cooking of fruit and vegetables this year with a commonwealth theme, of course, to celebrate the upcoming 'Commonwealth Games'. This project benefits and supports the wellbeing of our children.

Look out for our shiny new plaque in the reception area. We are so proud to have achieved this award.



Yoga Pose of the month!

Yoga improves balance and posture whilst calming your mind! The Bow Pose - lie flat on your tummy with your arms alongside your body, your palms up. Bend your knees, flex your feet, take a deep inhale, lift your chest, and look forward. Then reach your arms back towards your toes and grab your ankles. Ensure that your knees remain hip width apart while you are in the pose. You might need to squeeze with your thighs a little. Come out of the Bow Pose on an exhale and take a rest for 20 seconds to stabilize your spine. If you have lower-back problems, please be careful when practicing this pose. The focus is on lengthening your spine, not on making a perfect U shape. 58 Fun and Easy Yoga Poses for Kids (Printable Posters) (kidsyogastories.com)



-Remember, it's ok to seek support and help! -

Here is a reminder of places to go to for support and advice online and local resources for support.

YOUNGMINDS

Young Minds - <https://youngminds.org.uk/>

[This is a fantastic site to help your child.](https://youngminds.org.uk/)

The BBC News round site has a comprehensive section on coronavirus with text and video guidance focusing on tips if a child is worried, how to wash your hands, and what self-isolation means: <https://www.bbc.co.uk/newsround/51204456>

It's okay...
... not to feel okay. If you're worried, anxious, or just a little down, you can talk to us.

Call our helpline, open 24/7: 0121 262 355

Talk to us online via Live Chat (10am-9pm): birminghammind.org

Email us anytime on: help@birminghammind.org

Get in touch today

- We're here to help you -

NHS LivingWell 

Pause. 

Need someone to talk to?
Struggling to cope with feelings?
We're here for you.

We are operating a telephone-based service while Pause in Digbeth is closed.
Register for support via our website:
www.forwardthinkingbirmingham.org.uk/services/13-pause

Or call **0207 841 4470** and we will arrange for one of our friendly staff to call you back.

Who can use us?
You can use us if you have a Birmingham GP and are:

- Under 25 years old (if you are under 14 you will need to have a parent / caregiver with you when we call to give consent).
- Or if you are a parent / caregiver looking for support for their child who is under 25 years old.

How can we help?
We can offer:

- Self-help strategies, skills for managing difficult situations and feelings.
- A non-judgemental listening ear.
- Details for other organisations that might also be able to help you.
- Each call lasts around 20-30 minutes which focuses on ways forward.

Our Opening Hours:
Monday to Friday: 10am-6pm, Saturdays: 10am-5pm.
We are closed on Sundays and Bank Holidays.



The Children's Society

-Final note-

Wellbeing referral

Should you feel that you or your child requires any additional support, your child's class teacher should be your first contact point. If this is not possible, please feel free to contact our Paget Mental Health and Wellbeing lead, Mrs. Ewbank for support or our school Pastoral Manager, Miss Spiers. We are always here to listen. There will be things we can do to further support you.

Please share any ideas you have of your children looking after their mental health on our Twitter @pagetprimary and use the hashtag #pagetwellbeing

Stay safe in both body and mind

Mrs. Ewbank

SEMH and Wellbeing Lead

"When you feel out
of your depth,



breathe and keep
moving" said the horse

DATES FOR YOUR DIARY

Friday 18th March – Red Nose Day
Thursday 31st March – Friday 1st April -Y2 Residential
Friday 8th April – Break up for Easter
Monday 25th April – Term begins
Monday 2nd May – School closed for May Day – Bank Holiday
Thursday 5th May – School Closed for local elections
9th-12th May – Year 6 SATS Week
Wednesday 18th May- Friday 20th May – Y6 Residential
Friday 27th May – Break up for half term
Monday 6th June – Term begins

SPORTS DAYS

Friday 17th June (9.30 a.m. start) - Reception Sports Day
Friday 17th June (1.30 p.m. start) - Year 3 Sports Day
Monday 20th June (9.30 start) - Year 6 Sports Day - Helen/ Toni can I have year 6 to help?
Monday 20th June (1.30 start) - Year 2 Sports Day
Tuesday 21st June (1.30 start) - Year 5 Sports Day
Wednesday 22nd June (9.30 start) - Nursery Sports day
Wednesday 22nd June (11.15 start) - Panthers Sports day
Friday 24th June (9.30 start) - Year 1 Sports day
Friday 24th June (1.30 start) - Year 4 Sports day

Friday 1st July -Am - Foundation and KS1 Sports assembly - 9.15 start
Friday 1st July - PM - KS2 sports assembly - 1.30 start
Wednesday 20th July – Children break up for the summer
Thursday 21st July – School Closed Teacher Training Day
Friday 22nd July – School Closed – Bank Holiday Queens Jubilee in lieu of day
in May half term

This section will be regularly updated once new dates are known and confirmed.

****Indicates newly added or changed items***

