

PAGET NEWS

13th MAY 2022



#Team Paget
#Stronger Together

Concerned About a Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: *Miss Nussey, Mrs. Thomas, Miss Spiers, Mrs. Ali-Gobern, Mrs. Ewbank or Mr. Merriman.*

Child Line

Children if you need to talk to anyone please ring or email www.childline.co.uk

How to Contact Us...



Email:

enquiry@paget.bham.sch.uk



Telephone:

0121 464 3902 or 07493838732



Twitter: @PagetPrimary

No problem



HEAD TEACHER'S WELCOME

This week has seen year Six sit their Key Stage Two Sats tests in Reading, Spelling and Grammar and Maths. The children have all been really focused and given their all in each of the tests. The test papers will now be securely sent off to external markers and we will await the results in July. All we can ask is that the children have been the best that they can be. Year Six you can now breathe, and look forward to the residential next week, I know I am really looking forward to it!

We now look forward to Year Two Sats, and I am sure that the children will shine. Good luck Year Two!

We will be celebrating the Queen's Jubilee later this term, we are just finalizing all of the finer details and as soon as we have them, we will share them with you.

Finally, I would like to inform you that we now have two new parent governors joining the school's Governing Body. Your representatives on the board of governors are Mrs. Selina Jacques-King and Mr. Shazad Iqbal. They will serve a term of office of four years.

Take care and stay safe
Vicky Nussey

LEARNERS OF THE WEEK

RECEPTION: Ollie, Elaina-Rose, Lily P & Lee

YEAR ONE: Vasil, Ibraheem, Suzie & Danny

YEAR TWO: Neave, Keira, Max & Yanayah

YEAR THREE: Kian, Sianna, Bella & Marcelo

YEAR FOUR: Zara, Ismael, Kyrease & Madison

YEAR FIVE: Reeney, Levi, Lisiyah & Humna

YEAR SIX: Summer, Alfie, Evie-Rose & Daria

PANTHERS: Alex & Jenson

HOUSEPOINTS

THIS WEEK'S TOTALS:

EY & KS1

VENUS: 167

MERCURY: 223

JUPITER: 242

SATURN: 88

KS2

VENUS: 345

MERCURY: 450

JUPITER: 374

SATURN: 403

THIS WEEK'S WINNING CLASS:

EY & KS1: 1W

KS2: 4H

BEST ATTENDANCE

Class 4H with 96%

Focus on Reading: Reading for Pleasure



Dear parents and carers.,

It has been great being able to see you visiting the library after school. It would be even better if more of you would be able to take up this opportunity and share some quality reading time with your child/children in a different environment.

The sessions will continue to run every Monday after school (3.20-4pm). We will open to each year group on the following dates.

Year 5 -16/5

Year 6- 23/5

Year 6- 6/6

Going The Library Improves Reading some interesting thoughts

Libraries give your children access to books. Research proves that regular access to books makes you a better reader. The library offers a wide range of books. Selecting books for you to read aloud and for your children to read on their own improves their reading. They get excited about reading when they select their own books. Libraries offer a wealth of opportunities that develop readers.

Research also proves that children that attend the library regularly read better than their peers. Children that attend preschool story hour at libraries enter school with greater pre-reading skills and emergent literacy skills needed to succeed in school than their peers that didn't visit the library regularly. One of the many benefits of going to the library is an environment that instils the love of reading which leads to improved reading.



If you are unable to attend or have any questions about the [library](#) please do not hesitate to contact either myself or Mrs Moseley.

Thank you for your continued support and we look forward to welcoming you back into school.

Mrs Connaughton (Library lead)

Information and Reminders



Y7 SEPTEMBER 2023

Registration is now open for parents of current Year 5 pupils who would like their child to sit the entrance test for The Grammar Schools in Birmingham, for entry to Year 7 in September 2023.

Registration can be made online by visiting the website below. We would appreciate if this could be communicated to your current Year 5 parents in any upcoming newsletter.

The closing date for registering is 4pm on 30th June 2022. The test will take place on 17th September 2022.

<https://www.birminghamgrammarschools.org/apply-onlineapp.php>

BCC SEND PARENTS/CARERS SURVEY

As you may know the SEND Local Area Partnership in Birmingham [Birmingham City Council, (Education) Birmingham Children's Trust (Social Care) Health (NHS) and the Birmingham Parent Carer Forum (BPCF)] is working hard to improve SEND services so that we provide the best possible help and support for children with additional needs in the city.

As part of this project, we are working with parents and carers, amongst other stakeholders to determine what their priorities are for improvement, seeking the broadest possible understanding of a wide range of views, so that we can improve SEND services.

To help with this work, we are asking parents and carers to fill in a short, anonymous survey (about 5 minutes long) about their experiences with Special Educational Needs and Disabilities (SEND) services for their child or children in 2022. We hope that as many people as possible will take part so that we can get a clear picture of what is going well, and what not so well in the service and use that information to bring about change.

Those people who wish to submit contact details will be in with a chance of winning a family day out at a Birmingham family attraction.

Here is the link to the [SEND Survey](#) - which will be open until 5pm on **Friday 27th May 2022**. The survey details are also linked from the home page of the SEND Local Offer website - www.localofferbirmingham.co.uk/

SPOTLIGHT ON VALUES: RESPECT

**TREAT
OTHERS**

the way

you

want to be

TREATED.

Respect for ourselves guides our morals, respect for others guides our manners.

Laurence Sterne

I speak to everyone in the same way, whether he is the garbage man or the president of the university.

Albert Einstein

To be one, to be united is a great thing. But to respect the right to be different is maybe even greater.

Bono

Celebrate the Queen's Jubilee wearing red, white, blue or purple for a £1 donation.



***Nursery only - Wednesday 25th May
Rest of school - Friday 27th May***

SPOTLIGHT ON CURRICULUM: PSHE

Personal, Social, Health Education

You may hear your children talking about PSHE and Jigsaw lessons. But what actually is it?

PSHE or rather Personal, Social and Health Education is part of the school curriculum, just like Maths, History or Geography. Its purpose is to help children develop the knowledge and skills necessary to: –

- keep themselves healthy – physically and mentally
- keep themselves safe –online as well as offline
- build positive relationships with others
- develop the skills and understanding necessary to become an active and positive member of modern British society.

It is during PSHE lessons that age appropriate children are given the opportunity to explore the physical and mental changes –puberty- that happen as young people grow and develop, the different aspects of bullying and the dangers of drugs.

Most of our PSHE curriculum follows a programme called Jigsaw. Each half term the whole school from Reception to Year 6 will focus on the same aspect of PSHE, the idea being that each year they will build upon previous skills and knowledge, being ready by the end of Year 6, for the challenges and opportunities offered by the transition to secondary school. We are also keen to offer pupils opportunities to develop their PSHE skills from other 'expert' sources. So, for example, our local Police Community Support Officer is a regular visitor to Year 5 and 6, delivering sessions around staying safe online and offline, while workshops offered by organisations such as Cherish help to support pupils' understanding of how to maintain good mental health.

This half term the whole school focus in PSHE will be on building and maintaining healthy and positive relationships. There is, of course, a different, age appropriate focus in each year group. For example, in Year 1 the children will identify the members of their own family and understand that there are lots of different types of families, while in Year 6 children will learn about using technology positively and safely to communicate with friends and family.

More information about PSHE can be found within our PSHE policy which can be accessed via the school website.]

Mrs Farrelly
PSHE Lead



SPOTLIGHT ON SAFEGUARDING: MENTAL HEALTH & WELL-BEING



Looking after our children's wellbeing at Paget...

-Newsletter 13 May 2022-

Hi there,

- Mental Health Awareness Week -

It's been another busy half term so far with lots of workshops that are helping and supporting our children's mental health. Getting our children's mental health right will help the children with their learning.

This week is 'Mental Health Awareness Week' with the theme being 'Let's connect!' This week we should encourage our children and us to build meaningful connections with theirs and your friends, family, colleagues and communities.

Finding our connections to ourselves, others, and the world around us, is fundamental to protecting our mental health and reducing feelings of loneliness.

Loneliness is when we feel we do not have the meaningful relationships we want around us. It's something we can all experience from time to time, throughout our lives, and will be different for everyone.

It's important to support young people in recognising when they are feeling lonely, understanding their thoughts and feelings, and identifying the supportive connections they have. Here are 10 top tips to help your own and our children's mental health.

-10 top tips to support your own and your children's mental health -

1. Talk about your feelings

Talking about your feelings can help you stay in good mental health and deal with times when you feel troubled.

2. Keep active

Regular exercise can boost your self-esteem and can help you concentrate, sleep, and feel better. Exercise keeps the brain and your other vital organs healthy and is also a significant benefit towards improving your mental health.

3. Eat well

Your brain needs a mix of nutrients in order to stay healthy and function well, just like the other organs in your body. A diet that's good for your physical health is also good for your mental health.

4. Drink water and plenty of it

We often drink but are we drinking the right types of drink. Try not to drink too many hot drinks full of caffeine or fizzy drinks that are full of sugar.

5. Keep in touch

There's nothing better than catching up with someone face to face, but that's not always possible. You can also give them a call, drop them a note, or chat to them online instead. Keep the lines of communication open: it's good for you!

6. Ask for help

We all sometimes get tired or overwhelmed by how we feel or when things don't go to plan. If things are getting too much for you and you feel you can't cope, ask for help. Your family or friends may be able to offer practical help or a listening ear. Local services are there to help you.

7. Take a break

A change of scene or a change of pace is good for your mental health. It could be a five-minute pause. A few minutes can be enough to de-stress you. Give yourself some 'me time'.

8. Do something you're good at

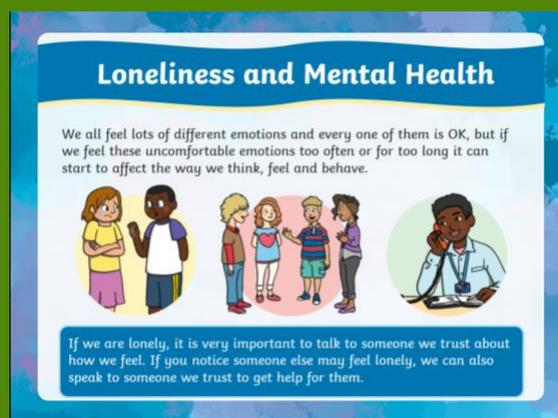
What do you love doing? What activities can you lose yourself in? Enjoying yourself can help. Doing an activity, you enjoy probably means you're good at it, and achieving something boosts your self-esteem.

9. Accept who you are

We're all different. It's much healthier to accept that you're unique than to wish you were more like someone else. Feeling good about yourself boosts your confidence to learn new skills, visit new places and make new friends.

10. Care for others

'Friends are important... We help each other whenever we can, so it's a two-way street, and supporting them uplifts me.'



-Remember, it's ok to seek support and help! -

Here is a reminder of places to go to for support and advice online and local resources for support.



Young Minds - <https://youngminds.org.uk/>

It's okay...
... not to feel okay. If you're worried, anxious, or just a little down, you can talk to us.

- Call our helpline, open 24/7: 0121 262 9555
- Talk to us online via Live Chat (10am-9pm): birminghammind.org
- Email us anytime on: help@birminghammind.org

Get in touch today

- We're here to help you -

NHS LivingWell UK mind Birmingham

Pause. ForwardThinking Birmingham

Need someone to talk to? Struggling to cope with feelings? We're here for you.

We are operating a telephone-based service while Pause in Digbeth is closed. Register for support via our website: www.forwardthinkingbirmingham.org.uk/services/13-pause

Or call 0207 841 4470 and we will arrange for one of our friendly staff to call you back.

Who can use us?
You can use us if you have a Birmingham GP and are:

- Under 25 years old (if you are under 14 you will need to have a parent / caregiver with you when we call to give consent).
- Or if you are a parent / caregiver looking for support for their child who is under 25 years old.

How can we help?
We can offer:

- Self-help strategies, skills for managing difficult situations and feelings.
- A non-judgemental listening ear.
- Details for other organisations that might also be able to help you.
- Each call lasts around 20-30 minutes which focuses on ways forward.

Our Opening Hours:
Monday to Friday: 10am-6pm, Saturdays: 10am-5pm. We are closed on Sundays and Bank Holidays.

The Children's Society

-Final note-

Wellbeing referral

Should you feel that you or your child requires any additional support, your child's class teacher should be your first contact point. If this is not possible, please feel free to contact our Paget Mental Health and Wellbeing lead, Mrs. Ewbank for support or our school Pastoral Manager, Miss Spiers. We are always here to listen. There will be things we can do to further support you.

Mrs. Ewbank

SEMH and Wellbeing Lead

Connecting with Others

To help us not to feel lonely, we can spend time with people who make us smile and make us feel good. This will help us to feel valued and respected and that we are safe and loved. Who could help us feel like this?

parents or carers

friends

adults at school

teammates

wider family

Help to Feel Better

It is perfectly normal to experience a wide range of feelings — some of these feel good and others feel uncomfortable.

However, if uncomfortable feelings affect our thoughts and behaviour in a way that hurts us or others, it is important we take action and make choices to feel better, talk to someone we trust and ask for help.

We might also need to ask for help for a friend or family member to feel better too.

SPORTS REPORT: FOOTBALL CUP FINAL

THE BIGGEST MATCH IN PAGET HISTORY!!!

By Giovanni

On Wednesday 4th May, Paget Primary School went to Bodymoor Heath Training Centre to face a team called Kings Norton to beat them in the finals of the all Birmingham Cup. (The boys were extra motivated as Miss Spiers had promised a MacDonald's if they win!!!)

The players that took part were Alex, Elijah, Aden, Mason, Zayn, Micah, Mitchell, Kian, Jack and Ramone.

Paget started warming up from ten past five giving them a good twenty minutes to do some simple drills like jogging, high kicks and sprinting. They then rapidly moved onto the next drill. Paget started working on passes first they practiced shot passes then it was long distance. Whilst that was going on, Paget's keeper, Alex, was working on saving the goal. Each half would be twenty minutes long.

With five minutes left until the game, the team got a pep talk. Micah would be playing right back for defence, Mitchell would be playing at the back in the middle and Aden would be on the left back. In midfield there was: Zayn and Kian, they would be playing in centre midfield; Elijah, he will be playing in midfield on the right; and Mason, in midfield left. That left Ramone to be Paget's striker. Both teams have won nearly every match they have taken part in.

Paget vs. Kings Norton

Finally, the big match started, and Kings Norton put Alex to the test. Somehow missed and hit the post. Paget started pressuring King Norton, getting way too close to their goal. Out the blue Kian sprinted towards the goal and shot the ball and scored making the score 1-0. Paget started to be pressured by Kings Norton. Luckily, Paget managed to foul the striker before they scored. Then Alex

managed to save the free kick just before half time.

Once Paget entered the second half, they kicked the ball about so they could get closer to the goal. Zayn passed the ball to Ramone who dribbles, passed the defenders and took the shot . . . the ball went past the keeper and into the goal . . . he scored! The score is now 2-0.

With ten minutes left Kings Norton intended to get the ball past Alex but was fouled in the penalty circle. Alex then saved that shot



and booted the ball giving it to Kian. Kian then passed the ball to Zayn, who got fouled in the area. After Zayn missed his free kick, there was five minutes left of the game. Paget just passed the ball around the field to keep the ball in their possession.

With 30 seconds left Mitchell passed to Mason who passed to Ramone who single handedly kept the ball with him until there was one second left. He took the shot and got it past the keeper just as the whistle blew.

Paget is the champion of Birmingham! That was the biggest game in Paget history!!!

DATES FOR YOUR DIARY

16th May – Year 5 parent and child session library session

9th-12th May – Year 6 SATS Week

Wednesday 18th May- Friday 20th May – Y6 Residential

23rd May - Year 6 parent and child session library session

Friday 27th May – Break up for half term

Monday 6th June – Term begins

Monday 6th June – Y6 Library Parents session *

w/c 6th June – Y1 Phonics Screening Check

Monday 6th June Year 6 parent and child session library session

SPORTS DAYS

Friday 17th June (9.30 a.m. start) - Reception Sports Day

Friday 17th June (1.30 p.m. start) - Year 3 Sports Day

Monday 20th June (9.30 start) - Year 6 Sports Day - Helen/ Toni can I have year 6 to help?

Monday 20th June (1.30 start) - Year 2 Sports Day

Tuesday 21st June (1.30 start) - Year 5 Sports Day

Wednesday 22nd June (9.30 start) - Nursery Sports day

Wednesday 22nd June (11.15 start) - Panthers Sports day

Friday 24th June (9.30 start) - Year 1 Sports day

Friday 24th June (1.30 start) - Year 4 Sports day

Friday 1st July -Am - Foundation and KS1 Sports assembly - 9.15 start

Friday 1st July - PM - KS2 sports assembly - 1.30 start

Wednesday 20th July – Children break up for the summer

Thursday 21st July – School Closed Teacher Training Day

Friday 22nd July – School Closed – Bank Holiday Queens Jubilee in lieu of day in May half term

This section will be regularly updated once new dates are known and confirmed.

**Indicates newly added or changed items*