

PAGET NEWS

26th MAY 2023



#Team Paget
#Stronger Together

TO BE THE BEST THAT WE CAN BE

How to Contact Us...



Email:

enquiry@paget.bham.sch.uk



Telephone:

0121 464 3902 or 07493838732



Twitter: @PagetPrimary

Child Line

Children if you need to talk to anyone please ring or email www.childline.co.uk

No problem



Concerned About a Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: Mrs. Nussey, Mrs. Thomas, Mrs. Spiers, Mrs. Ewbank or Mr. Merriman.



HEAD TEACHER'S WELCOME

Well, here we are again at the end of another busy term. Who can believe that after this holiday there is only one half term left of this academic year!

In the dates for your diary section of the newsletter you will notice that the final teacher days for this academic year have been agreed. Please note that the governors have authorised an additional training day and so the children will now finish for the summer on Friday 21st July.

Please can I remind parents that use the staff car park at any point during the day, that you watch your speed and look out for other drivers whilst using this facility. Recently we have had a few bumps, scrapes and near misses with children. Should incidents keep occurring I may have to look at whether we withdraw the use of this facility.

I would also like to remind parents that all holidays taken in term time will be unauthorised. I am unable to authorise leave in term time unless truly exceptional circumstances.

As we finally have some long-awaited sunshine in time for half term, I would like to wish you all a happy and safe holiday. Enjoy some quality time with your loved ones and I will see you all back in school on Monday 5th June.

All the best - Vicky Nussey

LEARNERS OF THE WEEK

NURSERY: Ciara & Ivona

RECEPTION: Eleonora, Godfrey, Mya & Kian

YEAR ONE: Adam, Sebastian, Rubina & Mikey S

YEAR TWO: Isabella & Ayaan, Viraj & Caide

YEAR THREE: Vadym, Abigail, Hamza & Maisy

YEAR FOUR: Riiana, Aaliyah, Wilson & Hollie

YEAR FIVE: Jaz, Liam, David & Jackson

YEAR SIX: Mason S, Jacob, Gurvir & Temi

PANTHERS: Abigail & Julia

HOUSEPOINTS

THIS WEEK'S TOTALS:
THIS WEEK'S WINNING CLASS:

EY & KS1: 2S

KS2: 5B

THIS WEEK'S WINNING
HOUSE:

EY & KS1: Saturn

KS2: Jupiter

BEST ATTENDANCE

Class Leopards with 100%

Focus on Reading for Pleasure

Dear parents/carers,

If you can encourage your child to read for pleasure, they will really reap the benefits. It might not seem like a particularly important task, but research shows that reading for pleasure can be directly linked to children's success throughout their time at school and even into adulthood.

Reading for pleasure opens up new worlds for children. It gives them the opportunity to use their imagination to explore new ideas, visit new places and meet new characters. Interestingly, reading for pleasure also improves children's well-being and empathy. It helps them to understand their own identity and gives them an insight into the world and the views of others.

Here are some ideas for encouraging your child to read for pleasure:

- **Set aside a special time** - just a few minutes a day is enough to create a reading habit.
- **Get caught reading yourself** - show that reading for pleasure is not just for children.
- **Read to each other** - if your child really doesn't want to read on their own, then read together. You read a page, then they read a page. Or one of you could read any dialogue. Be brave and put on different voices.
- **Value the books they choose to read** - all reading is valuable for a child's development. Some of us prefer non-fiction; some of us prefer comics. One child might like superhero books; another might a book of football statistics.
- **Set a challenge** - can they read ten books before they're ten? Can they read a book from six different genres: a comic, an information book, a funny book, a sci-fi book, a classic and an instruction manual?
- **Reading buddies** - reading to a younger sibling can boost your child's self-confidence and communication skills.

Focus on Reading for Pleasure (Continued)

- **Audiobooks** - audiobooks allow children to experience a book above their own reading level. It also allows you to share a book together or make the most of those car journeys. Listening to a story over and over again can improve vocabulary and encourage deeper comprehension.
- **Stage and screen** - use your child's favourite films or games as a springboard into reading. Knowing the characters and storyline can be a helpful bridge into reading a longer story.
<https://home.oxfordowl.co.uk/reading/free-ebooks/>

The above link will take you to a variety of free online eBooks that you may enjoy. All you need to do is create an account.



The screenshot shows the Oxford Owl website interface. At the top left is the 'Oxford Owl' logo. On the right, there are links for 'Help', 'Join us', and 'Log in'. Below the logo is a cartoon owl and a speech bubble that says 'Let's get them flying!'. A search bar is present with the text 'Quick book search' and 'Enter keyword...' and a red 'GO' button. A navigation menu includes 'Home', 'Reading', 'English', 'Maths', 'At school', 'Books', 'Kids' activities', and 'Blog'. The main heading is 'FREE eBook Library from Oxford Owl for Home'. Below this, a welcome message states: 'Welcome to our free eBooks collection, developed for children aged 3-11 years old. If you'd like to learn more about how to support your child's reading, visit our [Reading](#) pages.' At the bottom, it says: 'All our eBooks are tablet-friendly. Just [register](#) or [log in](#) to start reading.'

Thank you for your continued support.

Mrs Connaughton Library Lead.

Paget get Gold for the fourth year in a row.....



We are delighted to announce that we, Paget Primary, have achieved the School Games Gold Mark Award for the 2022/23 academic year.

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success.

What a range of sporting achievements we have achieved including;
2nd in Erdington Football League, winners of King Edwards Basketball League, Winners of Panthalon Ten Pin bowling, Year 1 & 2 Multi-Skills winners, Panthalon Champions, second in in the Aston Got's talent show, 3rd in Girls Football league, Year 3 Multi-Skills champions, 4th in Year 4 Multi-skills, 5 A side Football League champions, Year 3 & 4 Football champions, represented in the Birmingham Netball League, Year 5 & 6 and 3 & 4 Sportshall Athletics champions, Champions of Birmingham for Dodgeball, Winners of King Edwards Handball and represented in the KESSP Boccia League

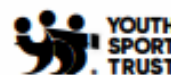
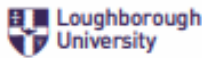
A huge well done to all the pupils whom have represented Paget, we extremely proud of our pupils for their dedication to all aspects of school sport.

As part of our application, we were asked to fulfil criteria in the areas of participation, competition, workforce and clubs, and we are pleased that the hard work of everyone at our school has been rewarded this year.

A special thanks to:

Our athletes, Paget staff for providing opportunities in and out of school within extra-curricular clubs, lunchtimes, pe lessons and competitions.

We look forward to applying once again in 2024!



SPOTLIGHT ON CURRICULUM: P.E.

National Sports Week- 2023

National Sports Week is fast approaching and as a school we would like to join by pledging to keep our children active. The recommended number of active minutes children should complete is 60 minutes per day. As a school, we strive to achieve at least half of this (if not more) each day, through active lessons and active lunches.

To help celebrate National Sports Week, we would like to push this even further. Mrs Spiers, Mr Bagshaw and Mr Cobbs are currently looking to organise special days during this week. They will look something like this:

- **KS1-** Parents and children come and take part in some multi-skills challenges together.
- **KS2-** Parents and children to come and take part in some invasion games.
- **Parents vs. Teachers** in a game of rounders.

The more parents that get involved in these events, the more the children will see the importance of achieving these active 60 minutes. Once dates and times are set in stone, we will advertise them in the newsletter and on Twitter.



Hope to see many of you soon!

Mr Bagshaw

SPORTS REPORT: Boccia & Gaelic Football

Final Week of Boccia League

Mrs Spiers and Mrs Bagnall took a mixture of Year 3 and 4 Athletes to the final week of the Boccia league and what a finale it was. With 6 athletes competing including, Ava, Tommie-John, Wilson, Chyna, Rodina, Abdoullah, Alfie B and Stanislava against 6 other Primary schools it made an intense final week. With scores very close from the previous weeks, it needed a strong finish to gain a medal through the partnership. And what an achievement it was, with a number of athletes putting on the Paget Team shirt throughout the academic year, this has ensured we have gained a number of valuable points and have seen our Boccia team finish in second place in the overall championship. A huge well done to all the children involved, Helen will be delivering the medals very soon. A special mention to Tommie-John who came away with an outstanding achievement award today for his performance. Bring on next year's league...



Paget give Gaelic Football a go...

On Tuesday evening, a number of students headed to Holly Lane for a taster session of Gaelic Football. Mrs Spiers had used her charisma with the Rosary School coach and managed to secure a free session for our children. Wow, what a Sport this is!!! All children, Mr Cobbs and Mrs Spiers thoroughly enjoyed this and both staff and children left wanting to get involved again. Bring on the 6th of June for the next session and a possible tournament down the line. Is there nothing Paget won't try?



SPORTS REPORT: Football

End of Season Thriller

Paget headed to Yardley for the final 2 games of La Liga. The team knew that they needed at least a win and a draw to win the La Liga title. And what a thrilling 2 games of football it turned out to be!

Paget's first opponents were Brownmead. Paget started the game brightly scoring twice within the first 3 minutes. Brownmead responded by winning a corner, but this was defended well by Paget. On 5 mins Paget made it 3-0, and on 6 mins it was 4-0. Brownmead tried their best to hit back but Paget's keeper saved easily. The pressure from Paget was relentless and on 8 mins it was 5-0. Just before halftime a fantastic header made it 6-0. Paget were well on their way to a victory but needed to keep their heads.

Another bright start to the second half was rewarded with another goal to make it 7-0 followed by a great defensive header by Paget to keep Brownmead at bay. Paget continued to threaten Brownmead's goal with a shot bouncing off the crossbar. Paget got their reward for their tremendous performance with another 2 goals to make the final score 9-0.

Paget's next game was against Yardley, and Paget knew that this was going to be a really tough game and they were not wrong. This game was totally different, end to end with no real threats to either goal. Yardley were then awarded a free kick just before halftime and scored, 1-0 Yardley.

Second half kicked off and Paget tried their best to get back into the game. Lots of half chances and good saves by Yardley's keeper denying them an equaliser. Then Paget were awarded a penalty, everyone held their breath but unfortunately the ball sailed past the post and the score remained 1-0. Paget continued to apply pressure, but it just was not meant to be, and the game finished 1-0 to Yardley.

This meant that the trophy would not be coming back to Paget for a second year but that we would finish second. It was a tremendous effort from all the team this season but unfortunately it just wasn't meant to be this year.

A huge well done to our boys you have made us all very proud!



SPORTS REPORT: Triathlon

Triathlon Fun....

On Thursday 18th May Paget Primary, Years 5 and 6 went to King Edward's to take part in the school games Triathlon. The children competed with and against other schools in a variety of relay races showcasing different skills that related to cycling, running and swimming. Paget Primary were praised for bringing the highest number of pupils. Pupils included were Elysia-Grace, Ranim, Sophie, Liam, Rocher, Reeney, Olivia, Jax, David, Luan, Gurvir and Jackson.

Paget pupils were divided into teams combined with other schools, they showed some of the core values of the school games: respect, honesty and teamwork which are also 3 of the 7 Paget core values. Pupils demonstrated this when competing in Dodgeball, bulldog and a range of relays, that saw Mrs Spiers and Miss Hothi astonished at some of the techniques.

Well done to all the pupils involved, we are very proud of you and all your hard work as it was tough in the heat.



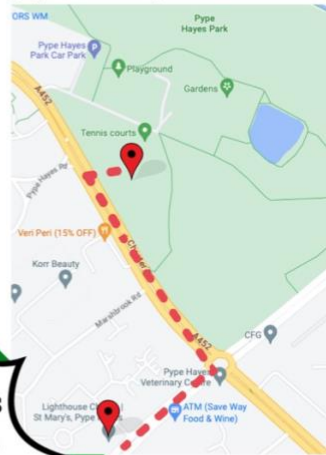
INFORMATION AND REMINDERS



Thursday 1st June

we will be in Pype Hayes Park

2:30pm - 4pm



Come and join us for family sports in the park!
(children must be accompanied by an adult)

Urban Devotion Birmingham
Hope House
148 Witton Lodge Road
Birmingham
B23 5AF

Phone: 0121 350 9376
Web: www.urbandevotion.org
Facebook: /urbandevotion
Twitter: @urbandevotion
Instagram: @udbyouth



HALF TERM

A quick reminder that children break up today for half term. Term begins again on Monday 5th June.

MAY HALF TERM ACTIVITIES

Urban Gardening

Keep going, keep growing!!
Time to get your green fingers dirty and plant loads of vegetables in the community garden! Learn how to propagate herbs and take some home!



Tuesday 30th May: 11am - 3pm
Allotments - £4

Trip to Middleton Lakes

Let's go adventuring again! Exploring the nature reserve, wildlife spotting, den building, picnic in the meadows... and much more!!!



Limited places!
First come, first served!

Friday 2nd June: 10am - 3pm
CET office - £6

VYGA is open to young people aged 8-14 years

To get involved, please contact us on info@environmentaltrust.org.uk or 07570241759 to request a registration form and book the activities



Half-term

at The Exchange

30 May - 2 June

Join us at The Exchange this half term for family friendly craft, storytelling, workshops and talks exploring the themes of our *A Place to Call Home* exhibition.



Little creators
Tuesday 30 May

Craft, drama and storytelling workshop exploring community and connection (3-8 years)



Making a museum
Thursday 1 June

Bring along or draw an object that reminds you of a special place and we'll photograph it for our online exhibition (8yrs +)



Emotional awareness family workshop
Friday 2 June

Explore emotions with your children in this fun family workshop (5yrs +)



Book here

Info and booking
www.birmingham.ac.uk/the-exchange

UNIVERSITY OF BIRMINGHAM | THE EXCHANGE

A PLACE TO CALL HOME
FREE EXHIBITION

SPOTLIGHT ON MENTAL HEALTH & WELL-BEING



Looking after our children's wellbeing at Paget...

-Newsletter 11 June 2023-

Hi there,

- Happy half term -

Getting our children's mental health right will help the children with their learning and this time of the year, we also look to support our children who may find transition into a new classes and new year groups a struggle.

-A focus on change and transition and how you can help -

Change is hard for kids. Whether it's big changes like moving to another town, another school or small ones like moving from one activity to the next, or moving year groups, transitions are hard. Transition strategies can help prevent meltdowns and lower anxiety in all children.

For all children transition is hard but for some kids, such as children with autism, ADHD, Sensory Processing Disorder, PTSD, or other special needs, transitions are even more difficult. This can lead to challenging behaviours.

Here are some top tip strategies that we may use in school, but you can use at home to:

1. Prepare them. Give children advance warning for how long an activity will last. Help them know what to expect in a day.
2. Use a visual timetable, this makes it clear what a child can expect and what is coming up next. It can be helpful to put the activities that are most challenging for the child closer to the beginning of the day when they are less tired.
3. Use a timer or a visual countdown system.
4. Offer sensory breaks. Sensory activities make great transition bridges.
5. Use a transition object. For some children, having their special blanket, doll, or stuffed animal with them can smooth transitions. This is especially true in the case of a child transitioning from one location to another such as from home to school or from home to preschool. Bringing a small photo album or laminated picture of mom or dad can also be helpful.
6. Teach transition songs. Transition songs are a great way to help kids move from one activity to the next. Children love music. These songs are light-hearted, they help kids pay attention. They help them mentally prepare for

SPOTLIGHT ON MENTAL HEALTH & WELL-BEING

the next activity or time of the day. You can make up your own to the tune of any familiar tune

7. Choose transition activities. These would be things that could be done in between two other things such as skipping over to the car or counting to ten before moving on to the next thing.
8. Allow for extra time. If you're rushing, your child will pick up on your energy and become even more agitated. By not leaving things until the last minute, you will give your child extra time to adjust. You will also be calmer, which will help them stay calm.
9. Use social stories. For children who have a particularly hard time with transitions, preparing them with relevant social story ahead of time can be beneficial.
10. Maintain consistency. As much as possible, try to stick with the schedule and routines that you have laid out.

If you feel your child might struggle with transition next half term, then please do not hesitate to ask for more information and we can try and support.

So why do children find transition tricky?

Well, when your child is engrossed in an activity that they are enjoying, it's hard for them to get their brain to switch tracks.

Even as an adult, it's sometimes hard to want to leave something that we are enjoying to move on to something we perceive as less enjoyable.

Children have less control of their lives. They don't make the timetable or choose where they are going or what they are doing (most of the time). This makes it more frustrating for them to have to quit something they are enjoying.

-Remember, it's ok to seek support and help! -

Here is a reminder of places to go to for support and advice online and local resources for support.

[Transition Strategies for Kids \(thechaosandtheclutter.com\)](http://thechaosandtheclutter.com)

YOUNGMINDS

Young Minds - <https://youngminds.org.uk/>

It's okay...
... not to feel okay. If you're worried, anxious, or just a little down, you can talk to us.

Call our helpline open 24/7
0121 262 955

Talk to us online via Live Chat (9am-9pm)
<http://www.youngminds.org>

Email us anything we help@youngminds.org

Get in touch today

- We're here to help you -

NHS Living Well

Pause. Forward Thinking Birmingham

Need someone to talk to?
Struggling to cope with feelings?
We're here for you.

We are operating a telephone-based service while Pause in Digbeth is closed.
Register for support via our website:
www.forwardthinkingbirmingham.org.uk/services/13-pause

Or call 0202 841 4420 and we will arrange for one of our friendly staff to call you back.

Who can use us?
You can use us if you have a Birmingham GP and are:
- Under 25 years old (if you are under 14 you will need to have a parent / caregiver with you when we call to give consent).
- Or if you are a parent / caregiver looking for support for their child who is under 25 years old.

How can we help?
We can offer:
- Self-help strategies, skills for managing difficult situations and feelings.
- A non-judgemental listening ear.
- Details for other organisations that might also be able to help you.
- Each call lasts around 20-30 minutes which focuses on ways forward.

Our Opening Hours:
Monday to Friday: 10am-6pm, Saturdays: 10am-5pm.
We are closed on Sundays and Bank Holidays.

-Final note-

Wellbeing referral

Should you feel that you or your child requires any additional support, your child's class teacher should be your first contact point. If this is not possible, please feel free to contact our Paget Mental Health and Wellbeing lead, Mrs Ewbank for support or our school Pastoral Manager, Miss Spiers. We are always here to listen. There will be things we can do to further support you.

Mrs Ewbank

SEMH and Wellbeing Lead

Honesty



- ◆ Honesty is telling what really happened.
- ◆ Honesty is telling the truth.
- ◆ Honesty is when you don't tell a lie, you don't cheat.
- ◆ Honesty is keeping your promises.
- ◆ When I feel honest, I feel clear inside.
- ◆ When I am honest, I can learn and help others learn to be giving.
- ◆ The heart of honesty is fairness.
- ◆ Honesty creates trust.

DATES FOR YOUR DIARY

Friday 26th May - last day of term – Children break up for half term

Monday 5th June – Term begins

Tuesday 6th June - Y3 Trip to Wroxeter

Friday 9th June - Y5 trip to the Space Centre

W/C Monday 5th June – Y4 times tables checks

W/C 12th June – Y1 Phonics Screening Check

28th-30th June – Year Six Residential to Edale

7th - 14th July - Sports Week

Friday 21st July - Term ends for children - children's last day in school *

Monday 25th July and Tuesday 25th July – Teacher Training Days - School closed to children *

***September 2023 onwards term dates:**

Autumn Term 2023

- Term Starts: Monday 4 September 2023
- Half Term: Monday 30 October 2023 to Friday 3 November 2023
- Term Ends: Friday 22 December 2023

Spring Term 2024

- Term Starts: Monday 8 January 2024
- Half Term: Monday 12 February 2024 to Friday 16 February 2024
- Term Ends: Friday 22 March 2024

Summer Term 2024

- Term Starts: Monday 8 April 2024
- Half Term: Monday 27 May 2024 to Friday 31 May 2024
- Term Ends: Friday 19 July 2024

(Please note there are teacher days for next academic year yet to be agreed with ATLP)