

PAGET NEWS

23RD JUNE 2023



**#Team Paget
#Stronger Together**

TO BE THE BEST THAT WE CAN BE

How to Contact Us...



Email:

enquiry@paget.bham.sch.uk



Telephone:

0121 464 3902 or 07493838732



Twitter: @PagetPrimary

Child Line

Children if you need to talk to anyone please ring or email www.childline.co.uk

No problem



Concerned About a Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: Mrs. Nussey, Mrs. Thomas, Mrs. Spiers, Mrs. Ewbank or Mr. Merriman.



HEAD TEACHER'S WELCOME

As you may be aware, the teaching union the NEU has announced strike action on the 5th and 7th July. The 5th of July was originally scheduled as the Year 6 secondary school transition day (the day they visit their new school). As a result, Birmingham City Council has now moved the Year 6/7 transition day to the 12th of July, and this is now the day that they will visit their new school.

This has a knock-on effect to us here at Paget too, as we now have to re-look at the schedule for Sports Days, as some of them were due to be held on the 7th and the 12th. So unfortunately, I am unable to share the Sports Day dates with you as promised in the last newsletter. As soon as we have finalised the new arrangements, I will of course share these with you. It may also affect our own induction day for Nursery and Reception. I am currently working through solutions to this, and again as soon as final decisions are made, I will let you know.

We also will have staff at Paget taking strike action on the agreed dates for industrial action. If your child's class is affected by this, you will receive a letter informing you of this.

I am sorry for any inconvenience caused but these are circumstances beyond my control, and I thank you in advance for your understanding.

Have a good weekend,
Vicky Nussey

LEARNERS OF THE WEEK

NURSERY: Tarnav & Helen

RECEPTION: Roman, Liyanur, Leah & Khadija

YEAR ONE: Ama, Amelia-Lilly, Grayson & Kiaus

YEAR TWO: Danny, Arnie, Shayan & Harry

YEAR THREE: Abdoullah, Lola, Elena & Subhan

YEAR FOUR: Jamaal, Chyna, Chloe, Zaiviar & Emilie

YEAR FIVE: Ilyes, Elyssa, Taylor & Leo M

YEAR SIX: Megan, Moiz, Caleb & Galena

PANTHERS: Abigail & Abdul

BEST ATTENDANCE

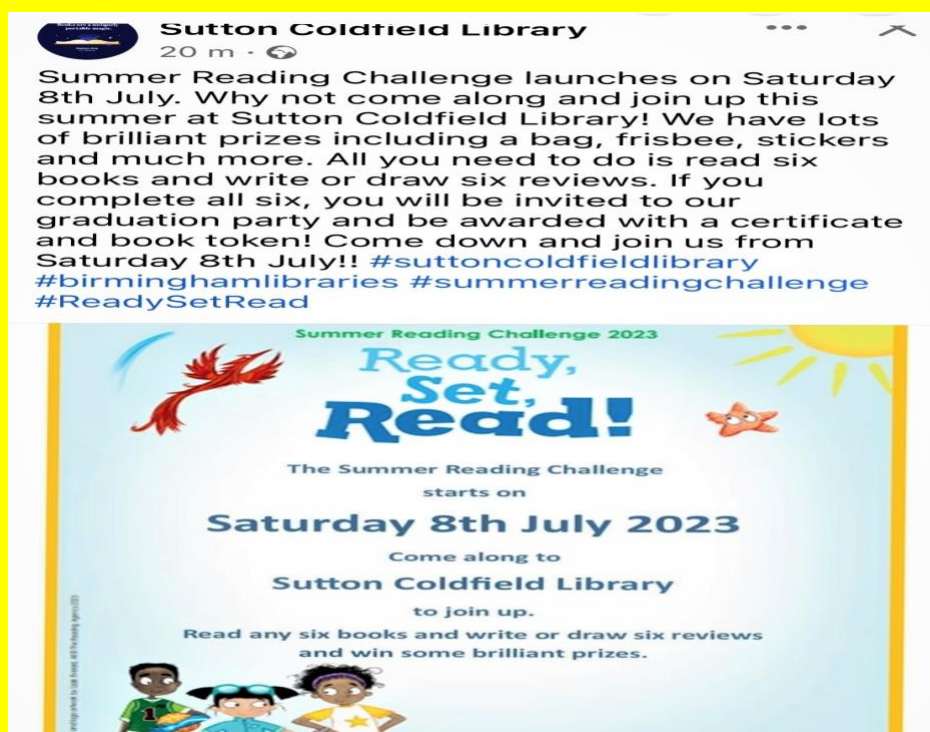
Class 2D & 4H with 97.1%

Focus on Reading for Pleasure

Dear parents/carers,

We are now in our final half term of this academic year. Where has the time gone? As part of our preparations for next year, we now need to start collecting in all school library books. Your child's teacher will soon ask for all books to be returned so that we can audit the library. Make sure your child knows where their book is and can return it when asked. Any books that cannot be located will need to be paid for.

I have been looking at our local library websites and Facebook accounts to find out about reading activities and summer challenges. Please see below for an upcoming session to be held at Sutton Coldfield Library.



So, if you are looking for a great way to join in with your local community as well as supporting your child, go along and take part.

Thank you for your continued support.

Mrs Connaughton Library Lead.

SPORTS REPORT: ROUNDERS

Another outstanding Paget performance...

Is there nothing Team Paget cannot do this year?

On Monday 19th June the year 5&6 Rounders team plus 1 year 4 (a great asset to the team) headed off to the King Edwards tournament.

Helen explained that we would be involved in a league of 3 and everyone would play everyone, and what a performance in both games.

With 10.5 scored in the first game and 10 in the second, Paget took a huge step into the final.

With the announcement that Paget would face Westminster in the final, Mrs Spiers noticed the opposition had the incorrect number of boys and girls needed in the team, Mrs Spiers made this known... Yet again the team made up of Zayn, Mason S, Hasnain, Micah, Nathaniel, Sophie, Scarlet, Reeney and Ameera showed real talent and drive to secure that yet again the trophy returns to Paget.

What a team and what a season our athletes are having within Erdington and Birmingham, well done all! ❤️ ❤️



SPORTS REPORT: FOOTBALL

Paget's Girls reach Summer Cup Semi-Finals for the first TIME!



The Football year is closing in on Football! Paget Girls took part in the summer cup at Yardley 5s.

First up in the All-Birmingham cup, was a well experienced Yardley side who beat Paget 3-0. Onto the next Game Paget turned it around and did a miraculous comeback from 2-0 down to beat The Rosary 3-2. Third and final game of the group stages Paget strolled past Parkfield winning 4-0. Paget managed to come second in their group to make it into the quarter finals where Paget came up against a resilient Hillstone who held Paget off with their keeper making some fantastic saves right up until the last minute with a brilliant long ranged effort went into the net. Semi-Finals on the horizon against Yardley who Paget lost to in the groups. Paget battled to the end but came unstuck by two great goals by Yardley who went on to win the game and the Cup.

Paget Y5&6 Boys Semi-Final against St. Thomas Moores!

After a tumultuous 30 minutes of all-action football at a sun-soaked Holly Lane, six goals were shared, and it was a shame there had to be a loser.

St. Thomas Moores started the game brightest and took an early lead, but Paget stayed cool and were soon into their stride and evidenced that with two quick-fire strikes and they took that lead into the break. But like the first half, Tommy's soon regained the ascendancy and not only levelled but then re-took the lead with a superb top-corner strike from the edge of the area. Paget refused to lie down and undaunted they kept on plugging away in search of an equaliser and they found one, two minutes from time. In a rip-roaring finish, both sides could have snatched the win, but it wasn't to be and so penalties were required to decide the fates of both gallant sides. In a tense, dramatic and unpredictable shoot-out, it was STM who nicked it, 3-2.

INFORMATION AND REMINDERS

Family Space with Urban Devotion

What a wonderful time, some of our Paget families had with the Urban Devotion Team this week. Parents were invited in to spend some quality time with their children and create goodies to take home. Decorating mugs, making heart shapes and playing games were just some of the things the children enjoyed making and doing together with their Parent. A big thank you to Ruth and team at Urban Devotion. We will look to do more family space workshops next year!



Communication and Autism



Supporting Transition into Secondary School: A Session for Y6 Parents

The Communication and Autism Team would like to invite you to a session to help you plan ahead for your child's secondary transfer this year. There will be an opportunity to ask questions to the C/AT representatives about supporting your child. The focus of the meeting will be to give you information and practical strategies to support your child as they move to Year 7.

**Wednesday 28th June 2022
9.30-11.30 am**

This session will be run via Microsoft Teams/Remote training so you will need access to a laptop or phone that has this application. To secure your place please book online via: <http://accessstoeducation.birmingham.gov.uk> Please note once you have booked a place you will be sent an invite via Microsoft Teams to attend the training.

Please note this is a parent/carer only session.

For more information please contact:
zoe.atzori@birmingham.gov.uk



SPOTLIGHT ON MENTAL HEALTH & WELL-BEING



Looking after our children's wellbeing at Paget...

-Newsletter 12 June 2023-

Hi there,

- Let's Focus on Good Mental Health -

What is good mental health?

Looking after your mental health is not something we should just do if we are struggling, or feeling low, anxious or stressed. It's something we should think about all the time and really invest in, just like with our physical health. Staying on top of our mental wellbeing is good for us now but also helps us deal manage difficult times in the future. Over time, it can also reduce our risk of physical health problems.

There are lots of things we can do to look after our mental health and wellbeing every day - make a start with these 7 top tips.



1. Reframe unhelpful thoughts

The way we think, feel and behave are linked. Sometimes we develop patterns of thoughts or behaviours that are unhelpful so recognising them, and taking steps to think about things differently, can improve your mental health and wellbeing.

2. Be in the present

If we take time to be aware of ourselves and be in the present moment, noticing our own thoughts and feelings, and the world around us, we can gain a better perspective. Sometimes this is known as being more mindful.

2. Be in the present

If we take time to be aware of ourselves and be in the present moment, noticing our own thoughts and feelings, and the world around us, we can gain a better perspective. Sometimes this is known as being more mindful.

3. Get good sleep

Good-quality sleep makes a big difference to how we feel mentally and physically, so it's important to get enough.

SPOTLIGHT ON MENTAL HEALTH & WELL-BEING

4. Connect with others

Spending quality time with friends or family, talking to someone about how we are feeling or finding ways to help other people can all help stop you from feeling lonely and improve your mental health and wellbeing. This can be online, by phone or seeing someone in person.

5. Live a healthy life

Being active, enjoying the outdoors and having a healthy, balanced diet all impact how we feel. Also, binning bad habits like smoking, and cutting down on alcohol and caffeine can have a positive effect on our mood.

6. Do something for yourself

From enjoying your favourite hobby, learning something new or simply taking time to relax, it's important to do things that make you happy, like trying a new hobby or learning a new skill.

7. Write a letter to future you

When you're feeling good, think about what you would want to tell your future self if things get harder and you find you need more support. Reminding yourself of what's keeping you feeling positive right now can help you through those more difficult times in the future.



-Remember, its ok to seek support and help! -

Here is a reminder of places to go to for support and advice online and local resources for support.

[Transition Strategies for Kids \(thechaosandthelutter.com\)](https://thechaosandthelutter.com)

YOUNGMINDS

Young Minds - <https://youngminds.org.uk/>

Pause.



Need someone to talk to?
Struggling to cope with feelings?
We're here for you.

We are operating a telephone-based service while Pause in Digbeth is closed. Register for support via our website: www.forwardthinkingbirmingham.org.uk/services/13-pause

Or call 0307 841 4470 and we will arrange for one of our friendly staff to call you back.

Who can use us?

You can use us if you have a Birmingham GP and one:

- Under 25 years old (if you are under 14 you will need to have a parent / caregiver with you when we call to give consent).
- Or if you are a parent / caregiver looking for support for their child who is under 25 years old.

How can we help?

We can offer:

- Self-help strategies, skills for managing difficult situations and feelings.
- A non-judgemental listening ear.
- Details for other organisations that might also be able to help you.
- Each call lasts around 20-30 minutes which focuses on ways forward.

Our Opening Hours:
Monday to Friday: 10am-6pm, Saturdays: 10am-5pm.
We are closed on Sundays and Bank Holidays.



SPOTLIGHT ON MENTAL HEALTH & WELL-BEING

-Final note-

Wellbeing referral

Should you feel that you or your child requires any additional support, your child's class teacher should be your first contact point. If this is not possible, please feel free to contact our Paget Mental Health and Wellbeing lead, Mrs Ewbank for support or our school Pastoral Manager, Miss Spiers. We are always here to listen. There will be things we can do to further support you.

Mrs Ewbank

SEMH and Wellbeing Lead

SPOTLIGHT ON VALUES: SELF-BELIEF

What does self-belief look like?

People who show self-belief:

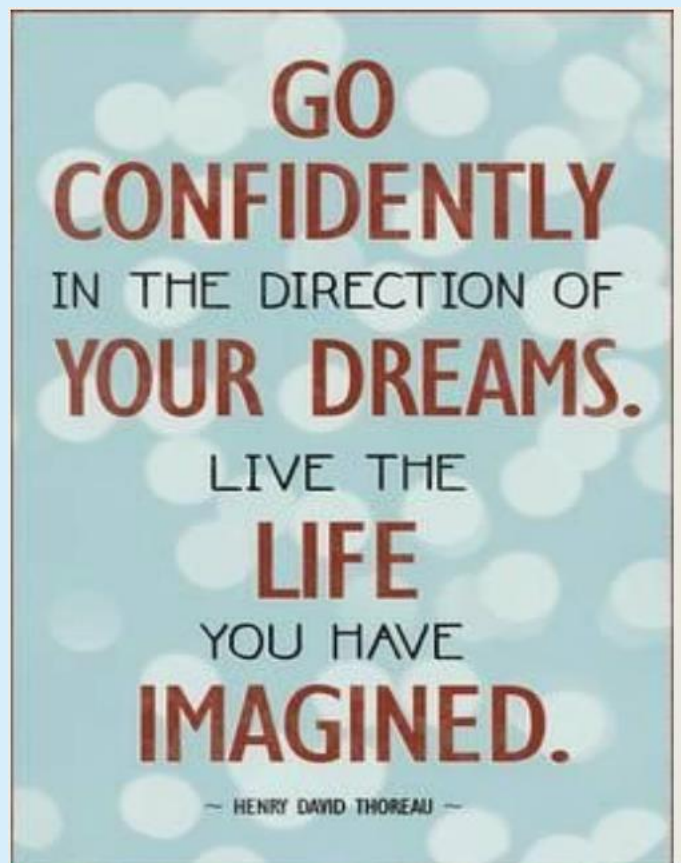
- ◆ Trust their abilities.
- ◆ Set themselves goals.
- ◆ Have confidence in themselves.

People who show self-belief realise:

- ◆ You can reach your potential if you have belief in yourself.
- ◆ Setting challenging goals helps you to stay motivated.
- ◆ Confidence gives you the strength to carry on when it's really hard.

People show self-belief by:

- ◆ Having a positive and determined mindset.
- ◆ Having the courage to try.
- ◆ Believing they can reach their potential.



DATES FOR YOUR DIARY

28th-30th June – Year Six Residential to Edale

7th - 14th July - Sports Week

Wednesday 12th July - New Year Six Transition Day *

Friday 21st July - Term ends for children - children's last day in school

Monday 25th July and Tuesday 25th July – Teacher Training Days - School closed to children

Monday 4th and Tuesday 5th September - School Closed to children - teacher training days

Wednesday 6th September - Children in Years 1-6 return to school.

Reception and Nursery you will receive a letter with your child's start date.

· Half Term: Monday 30 October 2023 to Friday 3 November 2023

· Term Ends: Friday 22 December 2023

Spring Term 2024

· Term Starts: Monday 8 January 2024

· Half Term: Monday 12 February 2024 to Friday 16 February 2024

· Term Ends: Friday 22 March 2024

Summer Term 2024

· Term Starts: Monday 8 April 2024

· Half Term: Monday 27 May 2024 to Friday 31 May 2024

· Term Ends: Friday 19 July 2024

(Please note there are teacher days for next academic year yet to be agreed with ATLP)

This section will be regularly updated once new dates are known and confirmed.

****Indicates newly added or changed items***