

PAGET NEWS

15TH SEPTEMBER 2023



**#Team Paget
#Stronger Together**

TO BE THE BEST THAT WE CAN BE

How to Contact Us...



Email:

enquiry@paget.bham.sch.uk



Telephone:

0121 464 3902 or 07493838732



Twitter: @PagetPrimary

Concerned About a Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: Mrs. Nussey, Mrs. Thomas, Mrs. Spiers, Mrs. Ewbank or Mr. Merriman.

Child Line

**Children if you need to talk
to anyone, please email
www.childline.co.uk**

Or ring

0800 1111

HEAD TEACHER'S WELCOME

I would like to begin this week's newsletter with a warm welcome to all our new children that have started in Nursery this week. As is usual, we have seen lots of tears in a morning (mainly from parents/carers!) however the children are now starting to settle into Nursery life, and I am sure they will have a fantastic first year in school.

It has been great to see so many parents attending our start of year workshops this week. I do hope that you found these useful. It is vitally important that parents and school always work together in order for our children to be the best that they can be. Please look out for dates of future workshops planned throughout the year in future newsletters.

A plea from me, parents if you need to talk to your child's class teacher in a morning you will need to arrive before 8.54. The school learning day begins at 8.55 a.m. and so teachers need to be in classes with your children at this time. There are always staff around on the gates for messages to be taken and then passed on to teachers. Ideally, after school is the best time to talk to class teachers or alternatively, arrange a mutually convenient appointment time. Thank you for your co-operation.

We have lots to look forward to in school this term, including the Year Six trip to Warner Bros Studios in Watford, football trials, Macmillan Coffee Morning, Parents Evening and Boccia League to name just a few.

Have a lovely weekend everyone.

Take care

Vicky Nussey

LEARNERS OF THE WEEK

NURSERY: Savannah & Marcel

RECEPTION: Harry, Harrison, Hunter & Kelsey

YEAR ONE: Liyanur, Oliver, Cameron & Sarah

YEAR TWO: Adam, Elaina-Rose, Jaxson & Mikey

YEAR THREE: Arnie, Seher, Adyan & Isabella

YEAR FOUR: Jasmine, Naiya, Leo & Abigail

YEAR FIVE: Julia, Chyna, Dylan & Ellamei

YEAR SIX: Jackson, Olivia, Hajrah & Ismael

PANTHERS & PUMAS: Josh & Charlie

HOUSEPOINTS

**THIS WEEK'S TOTALS:
THIS WEEK'S WINNING CLASS:**

EY & KS1: 2D

KS2: 4H

**THIS WEEK'S WINNING
HOUSE:**

EY & KS1: Saturn

KS2: Venus

BEST ATTENDANCE

Class: Leopards, 3S, 6B, 6R with 100 %

Focus on Reading: KS2

Hello everyone.

Welcome back! I hope you all had a lovely summer. This year, reading remains a focus for our school and we need your continued support with this. Please read with your child at least three times a week whether they are in Year 3 or Year 6. In order to develop their fluency, children need to be listened to regularly. During their SATs, children need to be able to read and understand at speed. All the practise really does help!

Miss V. Nevitt - KS2 English Lead

Reading Journals

This year, we are trying something new to encourage reading at home. Instead of reading diaries, children will be coming home with a 'Reading Journal'. This will be where the children can be more creative and share what they are reading. Children will be given a reading activity for children to complete about their current book. Please encourage your child to do these and show off their amazing reading. You are still more than welcome to make comments in there. If you have any questions, please let me know.

Our current texts for English

Year 3	Leon and the Place Between - Angela McCallister
Year 4	Varmints - Helen Ward
Year 5	The Man Who Walked Between the Towers - Mordicai Gerstein
Year 6	The Arrival - Shaun Tan



Chocolate Cake

Quick Let's get out of here
Michael Rosen
Penguin

I love chocolate cake.
And when I was a boy
I love it even more.

Sometimes we used to have it for tea
and mum used to say,
"If there's any left over
you can have it to take to school
tomorrow to have at playtime."
And the next day I would take it to school
wrapped up in tin foil
open it up at playtime and sit in the
corner of the playground
eating it,
you know how the icing on top
is all shiny and it cracks as you
bite into it
and there's that other kind of icing in
the middle
and it sticks to your hands and you
can lick your fingers
and lick your lips
oh it's lovely,
yeah.

Anyway,
once we had this chocolate cake for tea
and later I went to bed
but while I was in bed
I found myself waking up
licking my lips



and smiling.
I woke up proper.
"The chocolate cake"
It was the first thing
I thought of.
I could almost see it
so I thought,
what if I go downstairs
and have a little nibble, yeah?
It was all dark
everyone was in bed
so it must have been really late
but I got out of bed,
crept out of the door

there's always a creaky floorboard, isn't there?

Past Mum and Dad's room,

careful not to tread on bits of broken toys
or bits of Lego
with your bare feet,

yowwwwwwww
shhhhhhhhhh

downstairs
into the kitchen
open the cupboard
and there it is
all shinning.

So I take it out of the cupboard
put it on the table
and I see that
there's a few crumbs lying about on the plate,
so I lick my finger and run my finger all over the crumbs
scooping them up
and put them into my mouth.



Poetry
Corner

Focus on Reading:KS2 (Continued)

Blue Peter Badge

Blue Peter have announced a brand-new badge for children to earn and this time it is to encourage the love of reading! We would love as many children as possible from Paget to get one!

Introducing the exciting new Blue Peter Book badge, designed by one of the UK's best-known illustrators, Sir Quentin Blake, who you might know from bringing to life characters such as Roald Dahl's BFG and Matilda! To earn your badge, just share your love of books! You can apply using Blue Peter's online form or by post!



To earn this badge, you must:

- Be aged between 5-15 years old.
- **Apply for your Book badge online using the uploader form**, or click the 'get the Book badge' button above, to download the paper application form.
- Ask your parent or guardian for permission to apply and ask them to read the **Privacy Notice** and **badge attraction terms and conditions**.
- Tell us about a book you have read and what you think about it. Maybe you liked the characters, or perhaps you enjoyed going on exciting adventures in faraway places.
- Upload your illustration of a character or a scene from the story. This could be a drawing, painting or even digital artwork.
- Let us know what other books and authors you have enjoyed reading and why.
- Get your parent or guardian to help you fill out your form and personal details.
- If applying by post, send your application with the correct postage to: **Blue Peter, BBC Bridge House, MediaCityUK, Salford, M50 2BH.**

For more information log on to www.bbc.co.uk/cbbc/findoutmore/blue-peter-apply-for-a-book-badge

“The more you **read**
the more **things** you know.
The more that you **learn**
the more **places** you'll go.”
-Dr. Seuss

Touch down with a *Mission to the Moon* in Storytime issue 65, packed with stellar stories! Meet a *Sleepy Giant*, a *Happy Prince*, and a *Wise Parrot*. There are some fairies up to mischief, and a brave little girl with a wicked stepmother. Plus the White Rabbit is running late as usual – will he miss a very important date?



Aimed at confident readers aged between 8 and 12. In this issue, children can investigate the abundance and diversity of life on Earth, exploring the idea that a single-cell, bacterium-like organism may be the common ancestor of all life-forms on our planet! PLUS: make some fantastic Arty Fossil imprints and have fun with speculative evolution, imagining what species might look like in a post-human world.

SPOTLIGHT ON CURRICULUM: DESIGN & TECHNOLOGY (DT)

Design and Technology Newsletter

At Paget, our Design and Technology curriculum allows the children to use their creativity and imagination, to design and make products that solve real problems within a variety of contexts. The children are taught to think about the purpose and the user when designing, and ensure the products suits the design brief, evaluating and improving their work as they make.



The children follow the design process which allows them to:

- Research and investigate which includes analysing existing products.
- practical tasks which allow the children to learn, practice and develop key skills which progress year upon year.
- design and make final products matching the design brief. This allows children to develop their skills and understanding.
- evaluate final pieces in a variety of ways including peer assessment.

This Autumn term we will be focusing on and creating:

Year 1 - Textiles – Puppets

Year 2 - Structures- Baby bear's chair

Year 3 - D and T: Textiles – Cushions

Year 4 - D and T: Structure – Pavilion

Year 5 D and T: Electrical systems- Electronic greeting systems

Year 6 - D and T: Textiles- Combining different fabric shapes (Waistcoat)

All children get the opportunity to learn to cook and prepare a dish. Cooking is a crucial life skill and we will develop the children's understanding of the need for a healthy nutritious diet. They will also learn about the importance of affordability and seasonality.

INFORMATION AND REMINDERS

NAMES IN CLOTHING

Please, please, please ensure your child's clothing has their name written in it. We have an ever-growing pile of jumpers that we cannot return as there are no names inside them.

Visitors to Paget

On the 4th of October we have some special visitors to Paget, a group of students from China through the Youth Sport Trust will be coming to see how fabulous we are at PE and Sport.

The project is funded through Nike and Mrs Spiers is hoping for a return visit to China for the students and her!

Nike have advised they will be bringing a film crew with them and have asked for permission for our students to be photographed and video footage obtained throughout the visit. If you do not wish your child to be involved in filming, please email Mrs Spiers on g.spiers@paget.bham.sch.uk



A total of £906, 419 was raised last year by all Macmillan Coffee Mornings across the U.K.

This funded 14 Macmillan nurses for a year.

September 29th is this years' official Macmillan coffee morning date and Paget would like to invite you to join us for this fundraising event.

You are invited to drop in and join us for a cuppa, cake and chat up from 8.45am on September 29th, 2023.

We would appreciate shop bought cake donations for this event, and these can be sent in with your child from 18th September onwards. Please pass all donations to their class teacher. Thank you.

PARENTS EVENING

The autumn term parents evening will take place on Wednesday 18th October from 3.50-6.15 p.m.

Letters will be sent home nearer the time for you to book appointments.

SECONDARY SCHOOL ADMISSIONS SEPTEMBER 2024

Parents of children in Year 6 should have received a letter via email from BCC by now explaining the arrangements for applying for a secondary school place for September 2024. If you have not received this, please request a further copy from the school office.

The secondary prospectus with clear links for schools and parents along with the online form, will be made available from 1 September 2023 here: www.birmingham.gov.uk/schooladmissions

Deadline for applications is 31st October 2023. If you need any help and support with any aspect of this process, please do not hesitate to ask a member of school staff.

SPOTLIGHT ON MENTAL HEALTH & WELL-BEING



Looking after our children's wellbeing at Paget...

-Newsletter 1 September 2023-

Hi Paget!

- Welcome Back! -

Welcome to the first 'Mental Health and wellbeing' newsletter of the new school year! It has been so lovely to see the children back to school and settling into their new classes and with their new teachers. Returning to school can cause your child to be anxious and worry. It is important to look after a child's mental health at home and at school.

-Mental Health -a reminder! -

We all have mental health. Mental health is about our feelings, our thinking, our emotions and our moods. Looking after our mental health is important. We all have small feelings every day; these can sometimes feel strong and overwhelming, whether happy or sad, but they go away before too long. Sometimes we experience big feelings; these feel strong and overwhelming for a long time. They stop us doing what we want to in our lives.



-Tips for talking to your child about their Mental Health-

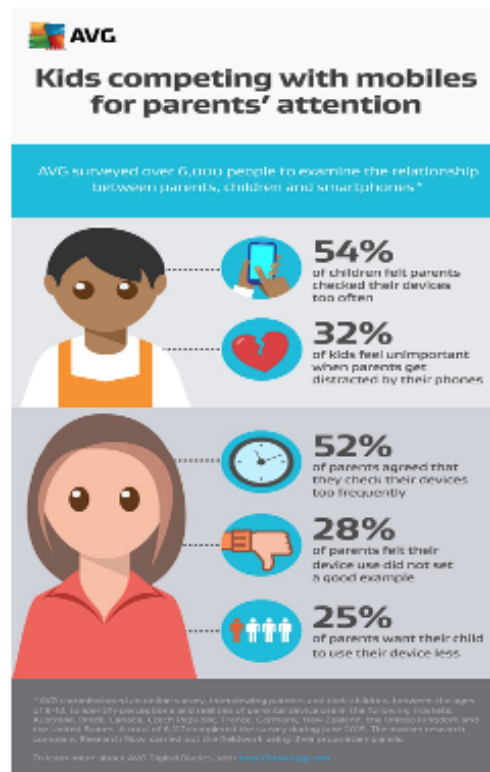
The tips below are really useful for the beginning of the new school year.

1. Make conversations about mental health a normal part of life: Anywhere is a good place to talk; in the car, walking the dog or cooking together. Model everyday talk about feelings such as by talking about a TV character's feelings.
2. Give your full attention: We all know it's horrible to be half listened to. Keep eye contact, focus on the child and ignore distractions.
3. Check your body language: Try to keep it open and relaxed and make sure you come down to the child's level.
4. Take it seriously: Don't downplay what the child is saying or tell them they're "just being silly". Resist the urge to reassure them that everything is fine.

SPOTLIGHT ON MENTAL HEALTH & WELL-BEING

5. Ask open questions: Such as "How did your day go today?" This will help to extend the conversation.
6. Calmly stay with the feelings that arise: It can be our automatic reaction to steer away from difficult emotions.
7. Offer empathy rather than solutions: Show that you accept what they are telling you but don't try to solve the problem.
8. Remember we are all different: Respect and value the child's feelings, even though they may be different to yours.
9. Look for clues about feelings: Listen to the child's words, tone of voice and body language.
10. Some ways to start a conversation about feelings might be: "How are you feeling at the moment?" "You don't seem your usual self. Do you want to talk about it?" "Do you fancy a chat?" "I'm happy to listen if you need a chat."

**Think about your phone behaviour, are you too busy on your phone to talk to your child?
Or are you talking to your child daily to support their mental health?**



SPOTLIGHT ON MENTAL HEALTH & WELL-BEING

Remember it's good to talk to your child, they need to be listened to for their well-being and mental health.

-A reminder of places to go to for support-

every mind matters

This website from the NHS offers expert advice and practical tips to help you look after your child's mental health and wellbeing as well as the rest of the family. <https://www.nhs.uk/oneyou/every-mindmatters/>

YOUNGmINDS

Young Minds - <https://youngminds.org.uk/>

This is a fantastic site to help your child as they start the new school year.

The BBC Newsround site has a comprehensive section on coronavirus with text and video guidance focusing on tips if a child is worried, how to wash your hands, and what self-isolation means: <https://www.bbc.co.uk/newsround/51204456>

It's okay...
... not to feel okay. If you're worried, anxious, or just a little down, you can talk to us.

- Call our free helpline 0117 909 0000
- Text us on 0300 500 0000
- Or visit our website www.livingwell.org.uk

Get in touch today

- We're here to help you -

NHS Living Well

Pause.

Need someone to talk to? Struggling to cope with feelings? We're here for you.

We are operating a telephone-based service called **Pause in English** in Bristol. Register for support on our website: www.bristolyoungminds.org.uk/parents/pause

Or call 0800 800 0070 and we will arrange for one of our friendly staff to call you back.

Who can you ask?
You can ask us if you have a breakdown GP and you:
- Under 16 years old (if you are under 16 you will need to have a parent / carer with you when we call to give consent).
- Or if you are a parent / carer looking for support for their child who is under 16 years old.

How can you help?
We can offer:
- Self-help strategies, skills for managing difficult situations and feelings.
- A non-judgemental listening ear.
- Details for other organisations that might also be able to help you.
- Free 1-1 calls around 10-12 minutes which focus on what forward.

Our opening times
Monday to Friday 9am-5pm, Saturday 10am-5pm. We are closed on Sundays and Bank Holidays.



-Final note-

Wellbeing referral

Should you feel that you or your child requires any additional support, your child's class teacher should be your first contact point. If this is not possible, please feel free to contact our Paget Mental Health and Wellbeing lead, Mrs Ewbank for support or our school Pastoral Manager, Mrs Spiers. We are always here to listen. There will be things we can do to further support you.

Mrs Ewbank - Assistant Head & SEMH and Wellbeing Lead

SPOTLIGHT ON VALUES: RESPECT

Why Respect is Important at Paget:

- Respect means that we accept each other for who we are, our differences as well as our similarities even if we do not agree with each other.
- Treating others and being treated with respect builds feelings of trust, safety, and wellbeing in our relationships.
- Respect is something we can practice and learn. One of the best ways to teach respect is by acting respectfully towards others; treating each other with kindness, consideration, and empathy.
- Respect is an essential element of effective communication, healthy relationships, and success in school, the workplace, and life!

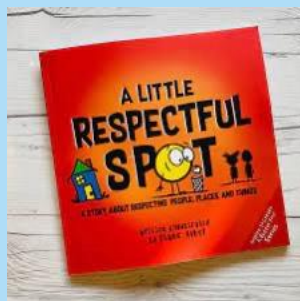
Respect can mean something different to each person. We are all unique individuals and need different things when it comes to respecting ourselves and one another.

One thing that is universal though, is that respect is important in ALL settings, whether it be in the classroom, at home with the family or at work!

It is important that we create safe environments for each other so that we can all thrive.

So, our first challenge is to lay the groundwork for respect, and to think about what respect means to each of us and what we need to feel respected.

A Book About Respect: A Little Respectful Spot: A Story About Respecting People, Places, and Things Diane Alber, 2020 What does it mean to be RESPECTFUL? Being RESPECTFUL tells people you not only care about them but you also care about yourself too! Join a cute little yellow SPOT as he shows all the different ways to be respectful to people, places and things. With fun illustrations your child will be able to see actual scenarios that your child is in everyday! From being polite, to respecting personal space and property, your child will have a clear understand of what it means to be respectful and why it's so important.





Food On
Our Doorstep

Birmingham FOOD Club

Food On Our Doorstep

Good-quality food at a low price

Family Action has launched FOOD (Food On Our Doorstep) Clubs in Birmingham to provide families with good-quality food at a low cost, while also reducing food waste. It costs just £1 a year for your family to become a member.

Once you've joined, you can purchase a bag of tasty food items every week worth approx. £15 for just £3.50!

To become a member you must live or work within 15 minutes of the club.

Where and when

- St Chad's Church Community Centre
Stoneyhurst Road, Erdington,
B24 8HA

Time:

- Wednesday 10am-11:30am

To find out more call:

07816 408755

or

Email: birminghamfoodclubs@family-action.org.uk

Facebook @birminghamfoodclubs



www.family-action.org.uk

Family Action Registered as a Charity in England & Wales no: 264713.
Family Action Registered as a Charity in the Isle of Man no: 1206.

BIRMINGHAM FAMILY HUBS _ SUPPORT FOR PARENTS

Things to Do in Birmingham before you are 5 – free App to help with home learning and language development

50 Things to Do helps parents/carers develop their home learning environment so that far more children thrive by the age of five. As a result, more children develop the skills, language and resilience needed in school and beyond.

- A menu of exciting activities for families with young children, giving them great suggestions for how to have fun and learn at the same time.
- Parents and carers will be helping their children to have exciting life experiences, developing confidence and a passion for learning new things, recognising the vital role that they play in helping to realise their children's potential
- The initiative is based on the simple notion that access to life-changing, fun, low or no-cost experiences with your family, indoors and outdoors, is a great way to support young children's development.

Download the App from App stores or via the website linked above



First Words Together:

Parents and carers can head to the National Literacy Trust's [Words for Life website](#) and discover five tips to help your baby learn to talk.

These are fun activities that you can fit into your day-to-day life and will help your toddler learn their first words. As part of the First Words Together programme, sessions are taking place across the city for parents and carers to learn and practice the tips in person.

A full list of venues can be found on the same webpage: <https://wordsforlife.org.uk/activities/how-to-encourage-baby-to-talk/>

First Words Together



SUPERHEROES ASSEMBLE!

Kids will enjoy fantastic exercise while learning super life-saving skills in our fun, inclusive swimming lessons.

Why learn to swim with us?

Swimming builds confidence – being able to swim with confidence allows a child to take part in any water activity that may be available to them, giving you the comfort that should they ever get into difficulty, they will now have the super survival skills to be able to take care of themselves.

Progress through our stages – Our programme includes certificates, sashes and colour-coded hats to help guide the children through the stages, step-by-step. Our fully-qualified, friendly swimming teachers will be with you every splash of the way!

Fantastic fun exercise – our lessons are fun, friendly, inclusive, and a great way to keep kids active and make new friends.

Sign up today and see what your little superheroes can achieve!

Learn new super skills – children will find that the skills learnt are transferable to other sports and activities they take part in at school.

Brain-boosting – being in the pool is a great way to relax, stay motivated and release feel-good endorphins which can help positivity, motivation and achievement at home and school too.

Swim as a family – it is an activity that the whole family can enjoy together at weekends or holiday times, whether that be in the pool or at the beach.

Endington Leisure Centre
 Oxbridge Road
 Edington
 Birmingham B38 7LJ
 Tel: 0121 316 5600
 @EndingtonPool

Speak to a member of our team today
birminghamleisure.com

MORE SWIMMING ACADEMY LEARN TO SWIM

DATES FOR YOUR DIARY

Autumn Term 2023

Friday 29th September - Macmillan Coffee Morning *

Wednesday 18th October - Parents Evening *

Half Term: Monday 30 October 2023 to Friday 3 November 2023

Term Ends: Friday 22 December 2023

Spring Term 2024

· Term Starts: Monday 8 January 2024

· Half Term: Monday 12 February 2024 to Friday 16 February 2024

· Term Ends: Friday 22 March 2024

Summer Term 2024

· Term Starts: Monday 8 April 2024

· Half Term: Monday 27 May 2024 to Friday 31 May 2024

· Term Ends: Friday 19 July 2024

(Please note there are teacher days for next academic year yet to be agreed with ATLP - these will be shared when finalised)

This section will be regularly updated once new dates are known and confirmed.

****Indicates newly added or changed items***

