



# PAGET NEWS

12TH APRIL 2024



**#Team Paget  
#Stronger Together**

**TO BE THE BEST THAT WE CAN BE**

## How to Contact Us...



**Email:**

[enquiry@paget.bham.sch.uk](mailto:enquiry@paget.bham.sch.uk)



**Telephone:**

0121 464 3902 or 07493838732



**Twitter:** @PagetPrimary

### Concerned About a Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: Mrs. Nussey, Mrs. Thomas, Mrs. Spiers, Mrs. Ewbank or Mr. Merriman.

### Child Line

**Children if you need to talk  
to anyone, please email  
[www.childline.co.uk](http://www.childline.co.uk)**

**Or ring**

**0800 1111**

# HEAD TEACHER'S WELCOME

Welcome back everyone, I hope that you all had a fantastic Easter break and managed to re-charge ready for the term ahead. The children have all returned to school positively and have settled back in really well.

Yet again, this week I have received complaints from a local resident about the way they were spoken to when challenging a parent about inconsiderate and unsafe parking. Whilst I appreciate, I cannot control how you behave outside of the school gates as adults it does concern me when I hear that parents are swearing in front of children. So, please, please, please for the sake of all our children please park considerately and watch your language in front of children.

This week Years Two and Four have had workshops delivered by Duncan, our PCSO. Duncan has messaged me to say how wonderfully behaved the two year groups were. It is always good to hear positive feedback about our children.

This half term will yet again be another busy one and we have lots of exciting educational visits to look forward to. Next week we take Year Two on their residential visit to Woodlands and later in the term Year One will visit Selly Manor, Nursery will visit the farm and Year Five the National Space Centre.

Finally, I would like to say Eid Mubarak to all our families that celebrated Eid earlier this week.

Have a great weekend all,

Vicky Nussey

## LEARNERS OF THE WEEK

**NURSERY:** Alice & Mikey

**RECEPTION:** Arayah, Zahir, Matthias & Oriche

**YEAR ONE:** Saoirse, Ellie, Nora-Mai & Arjun

**YEAR TWO:** Amelia, Rubina, Svetoslav & Jamal

**YEAR THREE:** Rochelle, Finn, Ellie & Anna-Faith

**YEAR FOUR:** Andreea, Ioan, Alice & Eli

**YEAR FIVE:** Ava, Ioanna, Nayimah & Logan S

**YEAR SIX:** Brogan, Courtney, Jake-James & Freddie

**PANTHERS & PUMAS:** Joshua & Leon

## HOUSEPOINTS

**THIS WEEK'S TOTALS:**

**THIS WEEK'S WINNING CLASS:**

KS1: 1P

KS2: 5B

**THIS WEEK'S WINNING HOUSE:**

KS1: Mercury

KS2: Saturn

## BEST ATTENDANCE

Class: 4C with 98.3%

# INFORMATION AND REMINDERS

## CITYSERVE SCHOOL DINNER PRICE INCREASE

Earlier this week we were notified by Cityserve that their school meals costs will increase as of 1st April 2024. Given the late notice of this, we will introduce this increase from Monday 15th April.

From this date, school meals will now cost the following:

Nursery: £2.35 per day  
Years 3-6: £2.65 per day

Remember if your child is in reception, Years One or Two they are entitled to receive a universal free infant school meal.

ParentPay will reflect the changes from 15th April 2024.

## LEAVE IN TERM TIME POLICY CHANGES

Over the last year or so we have seen an increase in holidays being taken during term time.

Following discussions with governors and in order to support the Local Authority's Fast Track process, we have re-evaluated our policy on this.

So, from this term and to support the Local Authority with the fast-track process, the process for Leave in Term Time will change.

You should still apply in the usual way (i.e., fill the form in from the office) and you will receive a letter authorising or not authorising your leave. If your request is unauthorised, you *may* be liable for a Local Authority fine.

Our children's education is important, and this is our main reason for the policy changes.

You will all receive an updated whole school policy shortly.



**Nurturing ADHD Kids**

This online 6 week course is free for Birmingham parents and carers of children and young people with ADHD or suspected ADHD

**LED BY ADULTS WITH ADHD**

**Does your child have ADHD or suspected ADHD?**

Are you trying to support them but find that everyone gives you different advice?

**What parents have said about this course**

*This course is literally game-changing for parents, caregivers, teachers and anyone living with a child (or adult) with ADHD. So much misunderstanding, frustration and worry could be prevented if everyone had access to this amazing resource.*

*Essential course for any parent of a child with ADHD. It changed the way I see my son and my ability to respond to his needs effectively.*

*Very informative, friendly, no pressure, enjoyable sessions*

**In this 6 week course, you will**

- learn about ADHD
- Understand the effect on our mental health
- Understand the reasons behind behaviours
- Gain confidence in advocating for our children
- Learn new strategies
- Help our kids be confident, resilient and be their best selves

**Phone: 0731 116 7485**

**Email: [contactus@brewseducation.org](mailto:contactus@brewseducation.org)**  
Birmingham Resilience Education and Wellbeing Services CIC CIC Business Registration: 132040665



**Nurturing ADHD Kids**

**LED BY ADULTS WITH ADHD**

**NEW GROUPS STARTING SOON!**

Free online 6 week course for parents and carers

We run our courses every half term.  
You can choose to join one that is held in the evening or one held in the morning.

To find out the dates and times of our next course and to register, scan this code

or visit  
<https://www.eventbrite.com/cc/nurturing-adhd-kids-courses-2610449>



Supported by



**If it says SOLD OUT, email us directly**  
**[Contactus@brewseducation.org](mailto:Contactus@brewseducation.org)**  
and we can send you the Zoom link



# Spotlight on Mental Health & Well-Being



## Looking after our children's wellbeing at Paget...

-Newsletter 9 April 2024-

Hi there,

### -Let's Talk Mental Health-

Getting our children's mental health right will help the children with their learning. We are constantly trying to support and make our children aware of how important it is to look after their mental health.

It is really important that we all have a good understanding of what mental health is and it is really good to talk to someone whenever they feel worried.

### -A focus on helping your child if they are worried -

Things to say to your worried child

1. I am here for you. You are safe.
2. Do you want to do some dancing or running to get rid of that nervous energy?
3. Tell me about it.
4. What would you like to say to your worry? What might your worry say back?
5. Shall we draw your worry?
6. What does it feel like in your body? Where is your worry? How big is it?
7. Match your breath to mine.
8. Let us think up some endings for what could happen.
9. What is something we could do to make you feel better?

### HOW YOU CAN SUPPORT AND ENCOURAGE YOUR CHILD TO TALK ABOUT THEIR MENTAL HEALTH

- 01 Help to reduce the stigma attached to mental health.
- 02 Educate yourself about mental health.
- 03 Be aware of the language you use when talking about mental health.
- 04 Show care and compassion towards those who experience mental health issues.
- 05 Be a positive model yourself with mental health.
- 06 Encourage your child to talk about their feelings through writing.
- 07 Set aside time each week to talk about mental health.
- 08 Help to create a safe space for your child to talk about their mental health.
- 09 Don't just focus on negative experiences, identify strengths and good moments.
- 10 Ask the right questions. Don't be too pushy.
- 11 Get the facts to help you talk about mental health problems.
- 12 Be there for your child. Support them through difficult times.
- 13 Remember to be right. It's okay when your child talks about feelings and thoughts.

@BELIEVEPHQ

### 10 WAYS PARENTS CAN SUPPORT THEIR CHILDREN TO BUILD POSITIVE MENTAL HEALTH HABITS

- 01 Encourage your child to openly talk about their feelings and thoughts.
- 02 When your child is learning help them to effectively problem solve.
- 03 Support them to connect and build positive relationships with others.
- 04 Encourage them to take after their physical health (sleep, food, exercise).
- 05 Help them to stay focused on the present moment using mindfulness.
- 06 Highlight the important role of looking after both physical and mental health.
- 07 Be a mental health role model. Demonstrate positive behaviours.
- 08 Praise, encourage, motivate and regular support your child to build their self-esteem.
- 09 Work together to learn more coping skills such as stress breathing.
- 10 As your child grows up encourage and support autonomy.

@BELIEVEPHQ

# Spotlight on Mental Health & Well-Being

-Remember, it is ok to seek support and help! -

Here is a reminder of places to go to for support and advice online and local resources for support.

## YOUNGMINDS

Young Minds - <https://youngminds.org.uk/>

The Children's Society **Pause.** Forward Thinking Programme

Need someone to talk to?  
Struggling to cope with feelings?  
We're here for you.

Pause can help anyone under 25 with a Birmingham GP. We listen and help you find solutions - no referrals or long waits.

You choose when and how to use our service:

- Drop-in face to face support is available, check our webpage for dates & venues. (Booked face to face sessions are available in certain circumstances.)
- Or
- Request a phone or video call back, using the website or by calling the registration line.

Our Service Operates:

- Monday to Saturday
- We are closed Sundays & Bank Holidays.

To find out more and register for support, visit: <https://forwardthinking.birmingham.nhs.uk/ Pause> or call our Registration Line 0207 841 4470. (please note local call charges do apply).

### It's okay...

... not to feel okay. If you're worried, anxious, or just a little down, you can talk to us.

- Call our helpline, open 24/7: 0121 262 355
- Talk to us online via Live Chat (10am-9pm): [birminghammind.org](http://birminghammind.org)
- Email us anytime on: [help@birminghammind.org](mailto:help@birminghammind.org)

Get in touch today

- We're here to help you -

-Final note-

### Wellbeing referral

Should you feel that you or your child requires any additional support, your child's class teacher should be your first contact point. If this is not possible, please feel free to contact our Paget Mental Health and Wellbeing lead, Mrs Ewbank for support or our school Pastoral Manager, Miss Spiers. We are always here to listen. There will be things we can do to further support you.

Stay safe in both body and mind

Mrs Ewbank

SEMH and Wellbeing Lead

# Spotlight on Reading: EYFS & KS1

Welcome back to the Summer Term and we are straight back to it.

It was so lovely seeing Rozina in our book corner, reading for pleasure her choice of book to her reading buddy.



English led by Miss Devi, Miss Wheeler or Mrs Lovell

In Year 2 and Panthers English, the children enjoyed exploring new books to help develop their writing and reading skills.




RWInc. - We use the RWInc. Scheme from Nursery to Year 2 (where needed) to teach your child to read and write. They learn the sounds - Set 1, Set 2 and Set 3 and move through a scheme of books that match your child's sound knowledge.

Take a look to see what your child will be doing in their group

# Spotlight on Reading: EYFS & KS1 (Continued)

## Phonics groups and what they mean

Group	I can...	My target is to...
Set 1A 	Recognise some single letter sounds	Recognise all single letter sounds. Orally blend sounds
Set 1B 	Recognise most or all single letter sounds	Orally blend sounds Blend sounds to read short words e.g. cat, box, tin
Set 1C 	Recognise most or all single letter sounds	Blend sounds to read short words e.g. cat, box, tin
Ditties 	Read 2 or 3 sound words independently (am, red, bin)	Recognise the Set 1 digraphs ('Special Friends') and read them in words  sh ch qu ng nk th
Red books 	Recognise the Set 1 digraphs ('Special Friends') and read them in words	Read words with 4 and 5 single letter sounds stop jump stamp crept Read words with 3 sounds speedily man got sit
Green books 	Read words with 4 and 5 single letter sounds	Read the first 6 Set 2 sounds and in words ay ee igh ow oo oo Read words with 3 sounds that contain a digraph speedily this chip quiz
Purple books 	Read words with 4 and 5 single letter sounds	Read the first 6 Set 2 sounds and in words, including multisyllabic ay ee igh ow oo oo Read words with 4 and 5 sounds speedily stop jump stamp crept



# Spotlight on Reading: EYFS & KS1 (Continued)

<p>Pink books</p> 	<p>Read the first 6 Set 2 sounds and in words, including multisyllabic ay ee igh ow oo oo Read words with 4 and 5 sounds speedily stop jump stamp crept</p>	<p>Read the next 6 Set 2 sounds and in words, including multisyllabic ar or air ir ou oy Read word with the first 6 Set 2 sounds speedily play night sleep about</p>
<p>Orange books</p> 	<p>Read the next 6 Set 2 sounds and in words, including multisyllabic ar or air ir ou oy Read word with the first 6 Set 2 sounds speedily play night sleep about</p>	<p>Consolidate Set 2 sounds Read the first six Set 3 sounds and in words, including multisyllabic ea oi a-e i-e o-e u-e</p>
<p>Yellow books</p> 	<p>Read the first six Set 3 sounds and in words, including multisyllabic ea oi a-e i-e o-e u-e</p>	<p>Continue reading Set 3 sounds and in words, including multisyllabic Build speed for reading whole texts (60-70 wpm)</p>
<p>Blue books</p> 	<p>Read Set 3 sounds and in words, including multisyllabic Can read whole texts at 60-70wpm</p>	<p>Continue reading Set 3 sounds and in words, including multisyllabic with growing speed Build speed for reading whole texts (70-80 wpm)</p>
<p>Grey books</p> 	<p>Can read Set 3 sounds and in words, including multisyllabic with growing speed Can read whole texts at 70-80 wpm</p>	<p>Continue reading Set 3 sounds and in words, including multisyllabic with speed Build speed for reading whole texts (90-100+ wpm)</p>

## Year 1 Parents - Date for Diary

Don't forget our Phonics Screening Workshop on Wednesday 17<sup>th</sup> April at 2.30pm - come along and find out what this is and how you can help support your child with their learning.

Thank you for your continued support and have a lovely half term.  
#TeamPaget #StrongerTogether

Mrs Waring  
KS1 RWI and English Leader



# SPOTLIGHT ON CURRICULUM: Languages - French

## FRENCH

It is hard to believe that we are already in the summer term! Below is a quick overview of the French curriculum for this term.

### Year 3

Summer 1: Fruit/vegetables

Summer 2: Musical Instruments

### Year 4

Summer 1: Presenting Myself

Summer 2: The Family

### Year 5

Summer 1: In the Classroom

Summer 2: At the Café

### Year 6

Summer 1: Planets

Summer 2: Me in the World

### Useful links:

Here are some free resources to a range of French activities that you could try at home.

#### Coffee Break Languages

Free access to primary High Five French – a set of 10 videos on familiar topics (scroll down to see the videos).

[https://radiolingua.com/learnathome/?fbclid=IwAR2zaQlsl0TwvTrweV2U0W13O9et\\_-AehbA1hEiooXEq-sBzJ8MvmSlPJCY](https://radiolingua.com/learnathome/?fbclid=IwAR2zaQlsl0TwvTrweV2U0W13O9et_-AehbA1hEiooXEq-sBzJ8MvmSlPJCY)

#### The French Experiment

Familiar French stories read by a native speaker as well as some online lessons.

<https://www.thefrenchexperiment.com>

#### Little French House

Video activities (e.g. simple cooking in French)

<https://www.youtube.com/channel/UC5m9rMLpAe9DEuFq3fPfdbQ>

### Summer Vocabulary



le soleil



la glace



le ballon



le parasol



la pelle



le seau



la casquette



le chapeau



les sandales



le short



le coquillage



le cerf-volant

# DATES FOR YOUR DIARY

## Summer Term 2024

**Wednesday 17th April 2024 - Y1 Parent Workshop re Phonics Screening Check - 2.30p.m. \***

Thursday 18th-Friday 19th April - Year Two Residential

Thursday 2nd May - School closed to children - Elections

Monday 6th May - School closed - May Day Bank Holiday

Week commencing Monday 13th May - Year Six SATS Week

Friday 24th May - Last day of term - Break up for half term

· Half Term: Monday 27 May 2024 to Friday 31 May 2024

## Monday 3rd June - Term starts

Week commencing Monday 3rd June - Year Four - Multiplication Check Week

Week commencing 10th June - Year One - Phonics Screening Check week

Week commencing Monday 1st July - Sports Week

· Friday 19th July - Last day of term

(Please note there is one more teacher day for this academic year yet to be agreed with ATLP - these will be shared when finalised)

*This section will be regularly updated once new dates are known and confirmed.*

*\*Indicates newly added or changed items*

